VALUE - Friendship

Friendliness

“This is my commandment, that you love one another as I have loved you…You are my friends if you do what I command”… Jn 15:12,14.

Friendliness is being a friend. It is taking an interest in other people. It is going out of your way to make others feel welcome, to make a stranger feel at home. When you are friendly, you happily share your belongings, time ideas and feelings. You share the good times and the bad times together. Friendliness is the best cure for loneliness.

POSITIVE BEHAVIOUR FOCUS
Hands Off!! Feet Off!

Our rule focus is Hands Off! Feet Off! Being Respectful means interacting appropriately with others. Keeping our hands and feet off treats others the way we want to be treated. It also helps us to play and interact safely. Parents you might like to discuss this very important rule with your children.

A WORD FROM OUR PRINCIPAL

Dear Parents and Carers

Fete Round Up

“I always wanted to send my kids to a school with a close community and great school spirit, just like I experienced when I was a child. I have realised that for my children to experience that, my husband and I needed to be involved. So on a weak moment we signed up for the Devonshire tea stall at the fete! We had lots of fun and had the opportunity to meet parents and kids throughout the school. Parents we had never met turned up at the stall and saw that we were extremely busy (and not sure what we were doing!) and began to help. It was a fabulous day and reassured me that the St Monica's school community is very welcoming and embracing.”

Louise Dykes - Parent Rep St Monica’s Council Executive

What an amazing day we had for our fete on Saturday. While we are still waiting on the final figure, the day was a wonderful community day with lots on offer for everyone. Congratulations to Kathy Stiller, our Fete Convener, for guiding a marvellous team of staff coordinators and volunteers. We reaped the reward of the many hours of preparation. Special thanks to our stall coordinators who are handing on the baton – Simone Nahon (Books), Paul and Tracy Miosge (BBQ) and Jo McMillan (Crafts). Thank you to our Treasury Team, led by Dave Batho, who spent most of the day tuck away counting the profits, to the staff of St Monica’s for their time and to the families for their many donations. We look forward to hearing the final figure next week. Finally to all our sponsors whose contribution to the day was invaluable.

BREAKING NEWS - Kath has enthusiastically put her hand up to convene our fete for 2014. Great News!

Major Raffle Winners
1st Prize - $1,000 – Mr Meli
2nd Prize - $500 Riteway Curtains Voucher – Terpstra Family
3rd Prize - $250.00 – Southwell Family

Other Draws
Ipad donated from Ray White – Nicole Tegg

Staffing News
Over the past few weeks the teachers have been involved in a range of professional development offered by the Catholic Education Office. Key areas that we are currently focusing on include our current teaching practices in literacy and numeracy and ongoing development of our understanding of the Australian Curriculum. This has meant that we have had a number of relief staff working in the school. While teachers have been attending professional development away from school we have also had curriculum consultants working with the various grades at school.

Mrs Lynne Sydney is away for the remainder of the term as she has travelled to America with her husband. Parent/teacher interviews for KS will be organised for early in Term 2.

Next week Mrs Marylou Gorham will be spending two days at Holy Rosary, Watson as part of their School Registration Panel.

It’s a Girl

Congratulations to the Lawless family on the recent arrival of a healthy baby girl. We are all looking forward to meeting the new addition to the family.
School Supervision

Students should not arrive at school before 8.30am. We have too many students arriving as early as 8.10am. Please understand that these children are NOT SUPERVISED. Students who are arriving prior to 8.30am are instructed to sit in the courtyard until the teacher on duty arrives. Where a student arrives early on a regular basis, the family will be required to arrange a booking with SMOOSH.

Afternoon supervision concludes at 3.30pm. It is imperative that children are picked up by 3.30pm as supervision after this time is very difficult. Teachers are often required to attend meetings and our Office staff have finished work at 3.30pm.

Chicken Pox

We have been advise that Chicken Pox is once again doing the rounds. Please monitor your child’s health closely.

School Banking

Due to Monday being a Public Holiday school banking will be on Tuesday 2 April 2013.

Book Tally – Fete – Last One!!!

The last book tally winners for the Fete from last week – 265 books from 6AS. Well done.

School Holiday Program

While we are running our Holiday program in April we can only offer 24 places due to the availability of staff. The hours for our program will be from 8.30am to 5.30pm. While I know this may be inconvenient for some families we just cannot cover the longer hours. If you are interested in securing a place please contact our SMOOSH Office immediately.

SMOOSH BOOKINGS are still currently closed for Monday to Thursday as we have reached our capacity. Please discuss the possibility of any future openings with Miss Bec Perry, our Director. No casual booking are available.

Schoolwide Positive Behaviour

In 2012, St Monica’s introduced the Schoolwide Positive Behaviour acknowledgement system. This system is based on 3 core behaviours-Be Respectful, Be Safe and Be Responsible. Teachers regularly reward children who display these behaviours with M and M’s. Children who receive the M and M’s receive them not because they occasionally display positive behaviours but because they are being respectful, safe or a responsible and are excellent role models to their peers. Well done to the many children at St Monica’s who have received medallions and arm bands. Keep up your fantastic work!

Installation of Reverse Cycle Air Conditioner

As part of our budget planning in 2012, the Council Executive approved the installation of split systems in each of the classrooms in East Wing (the Year 3 & 4 classrooms), the Hub, the staffroom and Principal’s Office. With a quote now accepted by the CEO the installation is to occur during the April holidays at a cost of $40000.

Student Exception Requests

In early 2012 under the Education Act 2004 ACT, resident students (6-17 years of age) who were seeking to be absent from school for a period of five school weeks or greater were required to apply for an Exemption Certificate. The ACT Education and Training Directorate (the Directorate) have informed us that they are changing these requirements as outlined below.

After reviewing the application process the Directorate has determined that exemption certificates for travel and student exchange no longer require approval by the Directorate. From 1 March 2013 exemption certificates are therefore no longer required for ACT resident students who are:

- travelling, including for extended periods of 25 days or more
- undertaking an overseas student exchange, including for periods of 25 days or more.

Exemption certificates are still required for students of compulsory school age (between 6 and 17 years of age) for the purposes of:

- an exemption from the full-time participation requirement due to health issues
- undertaking an apprenticeship/apprenticeship
- part-time training/part-time work
- part-time education/part-time work
- full-time employment/graduated return to work

School Fees

School Fee accounts are now overdue unless you pay by installments - Bpay, eftpos, credit card, cheque or cash. If any family is experiencing difficulty meeting their commitment please make an appointment to discuss how I may be able to assist you. Families who received remissions last year must apply to renew the agreement for 2013. All Fee Remission requests go to the Council’s Executive Fee Committee for approval.

Following an audit of our outstanding fee issues we have been advised to engage the use of a collection agency where an account continues to rise and no reasonable explanation is given for an outstanding fee account. Should you have concerns regarding your fees please make an appointment to meet with me as soon as possible.

NAPLAN

This year NAPLAN tests will be conducted at St Monica’s in Years 3 and 5 early in Term 2. The tests are conducted across three days and the timetable for testing is:

<table>
<thead>
<tr>
<th>Year</th>
<th>Tuesday 14 May</th>
<th>Wednesday 15 May</th>
<th>Friday 16 May</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>Language Conventions 40 minutes</td>
<td>Reading 40 minutes</td>
<td>Numeracy 45 minutes</td>
</tr>
<tr>
<td></td>
<td>Writing - 40 minutes</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>Language Conventions 40 minutes</td>
<td>Reading 50 minutes</td>
<td>Numeracy 50 minutes</td>
</tr>
<tr>
<td></td>
<td>Writing - 40 minutes</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

All students are encouraged to participate in NAPLAN tests. Students with disability may qualify for adjustments which reflect the support normally provided in the classroom. Students who have a temporary injury may also be reasonably accommodated. Please do not hesitate to contact me or the ACT testing authority for more information on special provisions or the process required to gain a formal exemption should that be your wish. A brochure from NAPLAN and ACARA was sent home yesterday, to all Year 3 & 5 parents, with additional information about NAPLAN.
School Performance – “The Big Samba”
Next Thursday 4 April 2013 “The Big Samba” is visiting St Monica’s. The Big Samba combines two ideas: using simple phrases from the local vernacular and playing. While performing, students are involved in drawing the connection between the rhythms and the culture and language of their own area. The cost of this performance is covered by the Curriculum Levy.

REMINDER TO ALL VOLUNTEERS - WORKING WITH VULNERABLE PEOPLE Act -
The Working with Vulnerable People (Background Checking) Act 2011 (the Act) commenced on 8 November 2012. Even though we all have until 7 November this year to be registered, the Catholic Education Office wishes all volunteers to be registered as soon as possible. It would be wonderful if this could be done by the commencement of Term 2.

There is no cost for volunteers. A form is located via the link found on our Publication page on our School Website. When filling in the details please write ‘The Principal’ as the school contact and office.stmonicas@cg.catholic.edu.au

Should you be unsure of what is required or if you are able to help in the classroom please do not hesitate to speak to your class teacher or call into the office.

On behalf of all the staff can I wish everyone A very Happy and Holy Easter
and may the blessings of the Risen Christ be with us throughout this very special time.

God bless

Carmel Maguire
Principal

Easter Triduum
If you are like many Catholics, the next few days see us at church—quite a lot! Why then, do we have so many ceremonies at Easter?
The term Easter Triduum refers to three key days in the Church’s calendar which together express the central mystery of our Christian faith: the death and resurrection of Christ. It begins on Holy Thursday as we focus on Jesus’ farewell words and deeds at the Last Supper. It moves to Good Friday when we ponder the events of his suffering and death. It climaxes with the Easter Vigil (Holy Saturday night and then Easter Sunday) when we celebrate the liberation of humankind through Christ’s resurrection. Travelling this journey once again with Christ enables us to connect with our own lives- the sorrows, hardships, successes and joys.

I would like to take this opportunity to wish you - our St Monica’s School Community a Happy and Holy Easter.

Holy Week School Liturgies
Yesterday we commenced our journey to Calvary with the presentation of Palm Sunday by Yr 1 and Kindergarten-welcoming Jesus with much palm waving. Year 3 presented a very prayerful Last Supper and Year 4 guided us to the Garden of Gethsemane leaving us there with Jesus praying. Today Yrs 5/6 led us in a very moving account of the Stations of the Cross. Next week on Wednesday 12:30pm Yr 2 will lead us through Easter Sunday and the joy of the Resurrection.

First Holy Communion - is only a week away. Please continue to pray for all the students and families preparing to receive Jesus for the first time next weekend.

Preparation Day 3 April
The children will attend 9:30 Mass- you are most welcome to join with us –
10:00 – arrange seating and practice entering and leaving church, receiving communion.
11:10 Recess- reflection in classrooms
12:30 attend St Monica’s Prayer Time
1:00pm Lunch – (provided at school)
2:00pm Reflection and conclusion of day

First Holy Communion Weekend: 6 April 6:00pm, 7 April 10:00 am St Monica’s Church

Easter Timetable
Palm Sunday (normal weekend Mass times)
Holy Thursday – Mass of the Lord’s Supper: St Michael’s Church, Kaleen, 7.30pm (with Adoration to 10.00pm).
Good Friday – Commemoration of Our Lord’s Passion: St Michael’s Church, Kaleen, 11.00am, St Monica’s Church, 3.00pm.
Holy Saturday – Easter Vigil: St Monica’s Church, 7.00pm.
Easter Sunday – Masses: St Michael’s, Kaleen, 8.00am, St Monica’s Church, 10.00am, St Michael’s, Kaleen, 5.30pm.

PARISH NEWS

Easter Timetable
Palm Sunday (normal weekend Mass times)
Holy Thursday – Mass of the Lord’s Supper: St Michael’s Church, Kaleen, 7.30pm (with Adoration to 10.00pm).
Good Friday – Commemoration of Our Lord’s Passion: St Michael’s Church, Kaleen, 11.00am, St Monica’s Church, 3.00pm.
Holy Saturday – Easter Vigil: St Monica’s Church, 7.00pm.
Easter Sunday – Masses: St Michael’s, Kaleen, 8.00am, St Monica’s Church, 10.00am, St Michael’s, Kaleen, 5.30pm.

ST MONICA’S SPORT NEWS

Mel Meninga Cup & Laurie Daley Shield
Well done to our boys on the magnificent enthusiasm they displayed on Tuesday during the finals. The boys all played really well. Thank you to Andrew Mills, Will Cummins and Matthew Smith for their efforts as team manager /coach.
Catholic Soccer Carnival – Sunday 24 March 2013

Congratulations to all the children who represented the school at the Catholic Schools’ Soccer carnival last Sunday. We entered 6 teams – four in Year ¾ and two in Year 5/6. It was pleasing to see so many children participate and try their best, for many it was their first soccer carnival. All children were a credit to St Monica’s, displaying team spirit and fair play. When I was there everyone was enjoying a fantastic day and the chance to have a run around playing soccer. Thank you to all the parents who were there coaching, managing or barracking; without you our children would not be able to have such wonderful experiences. A very big thank you to Neil Willington, Paul Levi, Samantha Manning, Shane Hind, Richard Toohey, Tom Jadríc, Vicki Walsh, David Whalan and Jim Bariesheff. Congratulations to Year 4 St Monica’s Glory for being the winning team from Field 5. Certificates will be given out in the next couple of weeks. Winners of Raffle can be found on the soccer carnival website www.cgsoccer2013.com.au. Thank you Mrs Mira Lustica for coordinating our involvement.

Schools Sports Association - SSA News

Congratulations to Joe B (6B), Thomas E (6B) and Kai K (6AS) who have been selected in the Belconnen Zone AFL team which will compete in the ACT 12 Years & Under AFL championships to be held on Wednesday 10 May 2013, at a venue to yet be confirmed.

Values

<table>
<thead>
<tr>
<th>Friendship</th>
<th>Social Science</th>
</tr>
</thead>
<tbody>
<tr>
<td>KRG</td>
<td>Katie R</td>
</tr>
<tr>
<td></td>
<td>Adrian S</td>
</tr>
<tr>
<td>KS</td>
<td>Chiara W</td>
</tr>
<tr>
<td></td>
<td>Isabella L</td>
</tr>
<tr>
<td>KM</td>
<td>Fletcher A</td>
</tr>
<tr>
<td></td>
<td>Emily W</td>
</tr>
<tr>
<td>1R</td>
<td>Jennifer C</td>
</tr>
<tr>
<td></td>
<td>Melanie R</td>
</tr>
<tr>
<td>1K</td>
<td>Samuel Mc</td>
</tr>
<tr>
<td></td>
<td>Hayley C</td>
</tr>
<tr>
<td>1S</td>
<td></td>
</tr>
<tr>
<td>2F</td>
<td>Madeline S</td>
</tr>
<tr>
<td></td>
<td>Lara Mc</td>
</tr>
<tr>
<td>2J</td>
<td>Jess W</td>
</tr>
<tr>
<td></td>
<td>Leo B</td>
</tr>
<tr>
<td>2DH</td>
<td>Tamika S</td>
</tr>
<tr>
<td></td>
<td>Charles O</td>
</tr>
<tr>
<td>3H</td>
<td>Marko J</td>
</tr>
<tr>
<td>3F</td>
<td>Elisabeth R</td>
</tr>
<tr>
<td></td>
<td>Thomas O</td>
</tr>
<tr>
<td>3/4F</td>
<td>Jessica H</td>
</tr>
<tr>
<td></td>
<td>Cohen E</td>
</tr>
<tr>
<td>4M</td>
<td>Ethan K</td>
</tr>
<tr>
<td></td>
<td>Oscar T</td>
</tr>
<tr>
<td>4L</td>
<td>Mitchell W</td>
</tr>
<tr>
<td></td>
<td>Nicholas D</td>
</tr>
<tr>
<td>5D</td>
<td>Liam S</td>
</tr>
<tr>
<td>5C</td>
<td>Ellie P</td>
</tr>
<tr>
<td></td>
<td>Shannon G</td>
</tr>
<tr>
<td>5/6M</td>
<td>Lauren K</td>
</tr>
<tr>
<td></td>
<td>Charlotte B</td>
</tr>
<tr>
<td>6B</td>
<td>Patrick R</td>
</tr>
<tr>
<td></td>
<td>Logan S</td>
</tr>
<tr>
<td>6AS</td>
<td>Mia T</td>
</tr>
</tbody>
</table>

M&M Star Medallion

Erin C (5D), Janna F (5D), Rachael P (5D), Caitlin R (5D), Elise McM (5/6M), Chris M(4M), Samuel McC(1K), Georgina B (6AS)

Second Star - Tom G 96B

Happy Birthday

Happy Birthday to the following children who are celebrating birthdays for the coming week.

<table>
<thead>
<tr>
<th>Class</th>
<th>Parent</th>
</tr>
</thead>
<tbody>
<tr>
<td>KRG</td>
<td>Fiona Steinberg</td>
</tr>
<tr>
<td>KM, Yr 1</td>
<td>Chantal Green, Marita Whitfield</td>
</tr>
<tr>
<td>4M</td>
<td>Charlyne Ross</td>
</tr>
</tbody>
</table>

Calling for class contacts – parents who are interested in being a parent contact for their child’s class.

The Network works effectively when there are 2-3 contacts for each class as there are more hands to complete the few tasks that need to be done. If this sounds like something you would like to do please contact me as soon as possible, so we can get the social side of school life happening. Please send an email via the office.

Parents who have volunteered so far

<table>
<thead>
<tr>
<th>Class</th>
<th>Parent</th>
</tr>
</thead>
<tbody>
<tr>
<td>KRG</td>
<td>Fiona Steinberg</td>
</tr>
<tr>
<td>KM, Yr 1</td>
<td>Chantal Green, Marita Whitfield</td>
</tr>
<tr>
<td>4M</td>
<td>Charlyne Ross</td>
</tr>
</tbody>
</table>

Urgently seeking volunteers!!

Events at a Glance

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>29 Mar</td>
<td></td>
<td>Good Friday</td>
</tr>
<tr>
<td>1 Apr</td>
<td></td>
<td>Easter Monday</td>
</tr>
<tr>
<td>3 Apr</td>
<td>12.30-1pm</td>
<td>Prayer Time – 1S &amp; Value Awards</td>
</tr>
<tr>
<td>4 Apr</td>
<td>All Day</td>
<td>Belconnen Swimming Carnival</td>
</tr>
<tr>
<td>4 Apr</td>
<td>All Day</td>
<td>Visiting Performance K-6 – ‘Big Samba’</td>
</tr>
</tbody>
</table>

Class Contact Network

Parents who have volunteered so far

<table>
<thead>
<tr>
<th>Class</th>
<th>Parent</th>
</tr>
</thead>
<tbody>
<tr>
<td>KRG</td>
<td>Fiona Steinberg</td>
</tr>
<tr>
<td>KM, Yr 1</td>
<td>Chantal Green, Marita Whitfield</td>
</tr>
<tr>
<td>4M</td>
<td>Charlyne Ross</td>
</tr>
</tbody>
</table>

Urgently seeking volunteers!!
St Monica’s Primary School
Official Enrolment Period

May 6 – 24 May

SCHOOL TOURS – Wednesday 8 May, at 10.00 am, 12.00 noon and 2.00 pm.

Please encourage neighbours and friends with prospective enrolments to attend so they can see first-hand the school in operation.

Enrolment forms for 2014 school year will be available from the Front Office during this period.

Enrolment Application Forms for Archdiocesan Secondary Schools are also available.
It is expected that available spaces will fill quickly so please ensure that the Enrolment Application Forms are returned to the school of preference within the enrolment period. Spaces cannot be guaranteed, even for siblings if the applications are not returned within the enrolment period. Please pass this information on to anyone you know who may be considering enrolling their child in an ACT Catholic School.

St Francis Xavier College
Living with truth, Leading with courage, Learning for life

Enrolling Now
Open Day: Wednesday 8 May, 10am-2pm
SFX Expo Day: Friday 10 May

YEAR 7-12 2014
Open Evening: Monday 13 May, 5.30pm-7.00pm Tours, 7.00pm Information Session

YEAR 11 2014
Information Evening: Wednesday 15 May, 5.30pm Course Advice, 6.30pm Information Session
For more enrolment information go to our website www.sfx.act.edu.au or call 6258 1055

Daramalan College
Open Evening on Thursday 4 April 2013 from 5.00pm-6.30pm. Tours end at 6.15pm.

YEAR 7 2014
Information Session 7.00pm-8.00pm Thursday 4 April 2013 in McCowage Hall. Enrolments for 2014 open Monday 6 May to Friday 24 May 2013.

YEAR 11 2014
Information Evening 7.30pm Tuesday 20 May 2013 in McCowage Hall.

Merici
Visit from Principal – Wednesday 3 April 2013 at 11.30am.
Student Orientation – Tuesday 7 May 2013 – 10.30am-1pm (students visit school)
Open Day – Wednesday 8 May 2013 – 9.30am-7.00pm.

## 2014 ENROLMENT INFORMATION

### GENERAL COMMUNITY INFORMATION

Is English your second, third or fourth language?
Would you like to improve your workplace English skills?

**CIT IS OFFERING SHORT COURSES IN ENGLISH FOR THE WORKPLACE IN TERM 2**

Choose from 5 short courses at CIT Reid
10 weeks, starting from April 29th
Enrolment Day: 16th April, 4.00 pm – 6.00pm, CIT Reid, Room J02
Advanced level courses - $135

1. **Language skills for job interviews**
   - Monday and Wednesday 9.30 - 12.30
2. **Written language skills for job applications**
   - Tuesday and Thursday 9.30 - 12.30
3. **Language skills for workplace meetings**
   - Wednesday 5.45 pm – 8.15 pm & Friday 1 pm - 4.30 pm
4. **Written language skills for workplace texts**
   - Tuesday 5.45pm – 8.15pm and Thursday 1.00 pm – 4.30pm

Intermediate level course - $108
5. **English for Employment, Study and Life - Preparing for Work**
   - Wednesday and Friday 9.30 - 12.00-
   - Learn how to search for a job that suits your skills, prepare a CV and job application, participate in practice job interviews and develop oral skills for the workplace. This course includes a work experience placement.

**NB:** A student association fee of $40.20 per student per semester is also payable, and some subjects may also attract a small materials fee.

For more information, please contact the CIT Vocational College
P: 02 6207 4800
E: cit.vocational.college@cit.edu.au

**Maggies Belconnen Football Club Holiday Program**
The Belconnen Magpies football club is offering you the opportunity to come along and try some AFL, soccer and multi-sport skills during the school holidays! Catering for primary school children aged between 5-12 years old, boys and girls welcome. Dates are 15th, 16th and 17th April 2013. Flyer being sent home today.

The canteen menu is on our school website. Just a reminder to new parents of Kindergarten children, our Flexi Schools online ordering system is available for placing lunch orders.

**The Roster for Next Week**

<table>
<thead>
<tr>
<th></th>
<th>Early</th>
<th>Late</th>
</tr>
</thead>
<tbody>
<tr>
<td>MONDAY 1.4.13</td>
<td>9.15 am – 11.45 am</td>
<td>11.30 am – 2.30 pm</td>
</tr>
<tr>
<td>TUESDAY 2.4.13</td>
<td>Vacancy</td>
<td>Vacancy</td>
</tr>
<tr>
<td>WEDNESDAY 3.4.13</td>
<td>Sonia Musolino</td>
<td>Rose Clifton</td>
</tr>
<tr>
<td>THURSDAY 4.4.13</td>
<td>Emma Shea</td>
<td>Assunta Tammaro</td>
</tr>
<tr>
<td>FRIDAY 5.4.13</td>
<td>Leah Platts, Natalie Larkins</td>
<td>Jan Lee, Angelea Turnbull</td>
</tr>
</tbody>
</table>

Please Keep In Mind:
* Help needed with the above VACANCIES.
~ Swap your shift if you can’t make your rostered day.
New faces greatly appreciated at any time. ☺ ☺ ☺

## Canteen Corner

**Canteen Capers**

- **05 February 2013**
- **Samantha Manning:**
  - 6258 4687 (c)
  - 6259 7240 (h)

The Canteen menu is on our school website. Just a reminder to new parents of Kindergarten children, our Flexi Schools online ordering system is available for placing lunch orders.

**The Roster for Next Week**

<table>
<thead>
<tr>
<th></th>
<th>Early</th>
<th>Late</th>
</tr>
</thead>
<tbody>
<tr>
<td>MONDAY 1.4.13</td>
<td>9.15 am – 11.45 am</td>
<td>11.30 am – 2.30 pm</td>
</tr>
<tr>
<td>TUESDAY 2.4.13</td>
<td>Vacancy</td>
<td>Vacancy</td>
</tr>
<tr>
<td>WEDNESDAY 3.4.13</td>
<td>Sonia Musolino</td>
<td>Rose Clifton</td>
</tr>
<tr>
<td>THURSDAY 4.4.13</td>
<td>Emma Shea</td>
<td>Assunta Tammaro</td>
</tr>
<tr>
<td>FRIDAY 5.4.13</td>
<td>Leah Platts, Natalie Larkins</td>
<td>Jan Lee, Angelea Turnbull</td>
</tr>
</tbody>
</table>

Please Keep In Mind:
* Help needed with the above VACANCIES.
~ Swap your shift if you can’t make your rostered day.
New faces greatly appreciated at any time. ☺ ☺ ☺

**General Community Information**

Is English your second, third or fourth language?
Would you like to improve your workplace English skills?

**CIT IS OFFERING SHORT COURSES IN ENGLISH FOR THE WORKPLACE IN TERM 2**

Choose from 5 short courses at CIT Reid
10 weeks, starting from April 29th
Enrolment Day: 16th April, 4.00 pm – 6.00pm, CIT Reid, Room J02
Advanced level courses - $135

1. **Language skills for job interviews**
   - Monday and Wednesday 9.30 - 12.30
2. **Written language skills for job applications**
   - Tuesday and Thursday 9.30 - 12.30
3. **Language skills for workplace meetings**
   - Wednesday 5.45 pm – 8.15 pm & Friday 1 pm - 4.30 pm
4. **Written language skills for workplace texts**
   - Tuesday 5.45pm – 8.15pm and Thursday 1.00 pm – 4.30pm

 Intermediate level course - $108
5. **English for Employment, Study and Life - Preparing for Work**
   - Wednesday and Friday 9.30 - 12.00-
   - Learn how to search for a job that suits your skills, prepare a CV and job application, participate in practice job interviews and develop oral skills for the workplace. This course includes a work experience placement.

**NB:** A student association fee of $40.20 per student per semester is also payable, and some subjects may also attract a small materials fee.

For more information, please contact the CIT Vocational College
P: 02 6207 4800
E: cit.vocational.college@cit.edu.au

**Maggies Belconnen Football Club Holiday Program**
The Belconnen Magpies football club is offering you the opportunity to come along and try some AFL, soccer and multi-sport skills during the school holidays! Catering for primary school children aged between 5-12 years old, boys and girls welcome. Dates are 15th, 16th and 17th April 2013. Flyer being sent home today.
Group Therapy at Gungahlin

Starting from Week 1 of next school term: Group Therapy at Gungahlin for individuals with Generalised Anxiety Disorder (GAD). This program offers 10x1 hour sessions of group therapy aimed at promoting: Distress Tolerance, Problem Solving Skills, Worry & Stress Management, Accepting Uncertainty, Relaxation Techniques, Living in the Here and Now. It employs the following interventions – Cognitive Behavioural Therapy (CBT), Acceptance and Commitment Therapy (ACT), Some Strategies from Dialectical Behavioural Therapy (DBT) & EMDR.

Starting in Week 1 of Term 2: Group Therapy at Gungahlin for Teenagers with severe or recurrent Depression. This program offers 10x1 hour sessions of group therapy aimed at promoting Values, Self Esteem, Self Care, Purposeful Living and Living in the Here and Now. It employs the following interventions – Cognitive Behavioural Therapy (CBT), Acceptance and Commitment Therapy (ACT), Some Strategies from Eye Movement Desensitisation & Reprocessing (EMDR).

Starting from the 1st week in May: Group Therapy at Gungahlin for individuals with severe or recurrent Depression. This program offers the same as the above program.

Starting Soon – Group Therapy at Gungahlin for individuals with Autism Spectrum Disorder (7-12&13-17 year olds). This program offers 10x1 hour sessions of group therapy aimed at promoting Friendships, Communication, Social Skills and Mental Health. It employs the following interventions: Social Stories, Inter-active Games, including Lego and Wooden Blocks, Role Plays and Case Studies. A current Mental Health Care Plan is needed For more information or to make a booking, please ring Rexton D’Cruz(MAPS), Clinical Psychologist on 0404 072 149.

Cost & Commitment: The cost for attending each session is $50.00. After the Medicare rebate of $31.65 is adjusted, the actual cost is $18.35 per session. Please think carefully before applying for this program, as we require a commitment from you that you will attend all 10 sessions without fail. Please keep in mind that one of the reasons why there are not many group therapy programs out there is because of issues with attendance. If you would like to register in this program email Rex at rexbren@optusnet.com.au.