VALUE - Respect

RESPECT
Respect is feeling good about myself.
Respect is knowing I am unique and valuable.
Respect is knowing I am lovable and capable.
Respect is listening to others.
Respect is knowing others are valuable, too.
Respect is treating others nicely.

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www.livingvalues.net

POSITIVE BEHAVIOUR FOCUS
BEING SAFE

Being safe means being sunsmart. We wear our hats at all times when we are outside.

A WORD FROM OUR PRINCIPAL

COLLABORATION

Dear Parents

Parent Information Evenings
To inform parents of new initiatives, policy updates and provide strategies to support your child at home, the teachers will be hosting a series of Parent Information Sessions. These evenings are a crucial way in which we communicate with parents. I look forward to your attendance. Location to be advised.

<table>
<thead>
<tr>
<th>Grade</th>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kinder</td>
<td>Monday 16 Feb</td>
<td>7.00pm</td>
</tr>
<tr>
<td>Year 1</td>
<td>Tuesday 17 Feb</td>
<td>6.30pm</td>
</tr>
<tr>
<td>Year 2</td>
<td>Tuesday 17 Feb</td>
<td>7.30pm</td>
</tr>
<tr>
<td>Year 3 &amp; 4</td>
<td>Wednesday 18 Feb</td>
<td>7.00pm</td>
</tr>
<tr>
<td>Year 5 &amp; 6</td>
<td>Thursday 19 Feb</td>
<td>7.00pm</td>
</tr>
</tbody>
</table>

Baby News
Congratulations to the Page family on the arrival of Cosette, sister to Charlotte (1M).

Congratulations to the O’Connor family on the arrival of Molly, sister to Lucy (KS).
Coffee Hour with Carmel the Principal
Friday 13 February

To connect with families and promote improved communication I have set aside a number of Friday mornings from 9am – 10am so that parents can drop in for a coffee and chat. The gatherings will be informal and held in the staffroom, little ones are welcome. Coffee mornings will be advertised regularly in the newsletter.

Health Checks for Kindergarten Children in 2015
The Women, Youth & Children, Community Health Program offers a health check for all Kindergarten children in the ACT. The health check is designed to identify health issues early, to allow for appropriate referral and intervention. The Kindergarten health check component aligns with the Australian Government’s, Department of Health and Ageing, Health Kids Check. The 2015 health check includes vision, hearing, growth (height, weight) and development. As a follow-up to this health check the ACT Government offers free services to assist in further assessment and/or treatment plans for children, as required. The Kindergarten Health questionnaire and an information letter to parents will be sent home with the children early next week. All questionnaires are to be returned to the school in the envelope provided by Friday 27 February 2015. To ensure all parents are fully aware of the screening check we have organised to send home a copy of the information to both parents who have a shared care responsibility. The medical checks are scheduled to occur at St Monica’s during Term 3.

Photos
School Photo Day is Monday 2 March 2015. Envelopes have been sent home to K-Yr 4 today. Year 5 & 6 will receive their envelopes on Monday. Children are to look smart in their Summer Uniform.

Fete Newsletter
Our Fete Newsletter has been sent home with eldest child today. Please volunteer you support/help

Catholic Soccer Carnival – Entries due 18 February
St Joseph’s O’Connor will be hosting the 2015 Catholic Primary Schools’ Soccer Carnival. The carnival will be held at the University of Canberra, Bruce on Sunday 15 March 2015. Kick off will take place from 8:30am and will conclude by 3:30pm.

The Carnival is open to both boys and girls competing with Catholic Schools from across the ACT and nearby regions. St Monica’s will be entering teams in both the Year 3/4 and Year 5/6 age group and we hope to finalise our team entries as soon as possible. Once teams are finalised we will provide further details regarding training after school and arrangements for the day.

The Catholic Primary Schools’ Soccer Carnival aims to balance competition with participation and encourages the involvement of as many children as possible in a day of friendship and family spirit. The registration fee for each child will be $20 (this includes a water bottle and raffle entry). To avoid sending cash/credit card details to school, you can make payment via our Qkr! app.

Swimming Carnival - Helpers urgently required to assist on the day – timekeepers, place judges etc.
Our swimming carnival is booked for Friday 20 February. Please include the date in your calendar as we need your assistance on the day. Children from Year 3 – 6 attend and competent 8yr old children who can swim 50 metres. Nomination forms must to be returned by Monday.
Participating Yr 2 students are required to pay $12.50 - To avoid sending cash/credit card details to school, you can make payment via our Qkr! app.

Belconnen Swimming Carnival Events
Events include 50m in the 4 strokes for all age groups (8-12 years), as well as 100m events in all four strokes, the 200m Freestyle and 200 Individual Medley for 10-12 years. There are no 25m events.

In 2015 we have qualifying times that need to be met in order to proceed to the 12 years and under Regional Swimming Carnivals. These times have been sent to all schools and will be advertised on the School Sport ACT website.

200 IM - Each school is permitted to nominate up to two (2) competitors in each age group (10, 11, 12 years) providing qualifying times are met.
100 Freestyle and Form Strokes: Each school is permitted to nominate the first 2 placegetters in each age group 10, 11, 12 years, i.e. a maximum of 6 swimmers from combined 10-12 years events providing qualifying times are met.
Two (2) swimmers can be nominated for all 50 metre events providing qualifying times are met.

Children absent from school
A child’s absence must be followed by a note indicating the date and reason for absence. I strongly recommend parents make use of the notification facility found on our school app. This is sent directly to the school office email address to be print for our school records. Emails are also acceptable. Class Rolls are checked each morning by 9.10am and again at 3.00pm. Rolls are a legal document and must accurately reflect a child’s reason for non-attendance.

Parents visiting the school to assist, are to sign in/out at the Front Office and receive a Visitors badge. All volunteers must hold a WWVP Card, displayed in a visitor’s lanyard.

No child should be on the school equipment before or after school during staff supervision time. In the interest of safety this includes all non-school aged children as well.

Foods to Avoid
As our community strives to provide a safe and healthy environment for all children I am writing to request your assistance.

As you are well aware St Monica’s, like many schools today, promotes a nut free environment due to the increasing number of children suffering a range of allergic reactions, some even life threatening, if they come in contact with foods or creams that contain a nut base. Please pay particular attention to the information printed on the
wrappers of snack foods such as muesli bars etc because often they contain “traces of nuts”.

This year we have a student in Kindergarten who has a severe allergy to eggs. For the safety of the child and to assist our school management we have asked that the Kinder children, at this stage, do not bring eggs in any form to school for their lunch or snack time. This includes egg sandwiches, hard boiled eggs or egg salads and mayonnaise which has an egg base. Please note that - eggs when used in the cooking of cakes do not present a concern.

We all agree with the primary message of our Social Wellbeing Program that “Kids Matter.” Please remind your child/ren that they should never share food at school.

This is in line with our school rule - Be Safe!

Champions’ Reading Challenge
To encourage our students to keep reading the St Monica's staff will once again challenge all our students to read 12 books by the end of Term 1. Students are required to record the books they have read on a sheet, distributed during their library session. An adult is required to sign off on each book read. Any type of book can be recorded, including readers, fiction, non-fiction, picture books and chapter books. Students will complete the recording of their sheets during library lessons and additional sheets can be picked up from the library. When each student completes the challenge they are required to place the sheet in the box in the Library. All students who enter will be in the draw for prizes which will be drawn at the final assembly in Term 1. Students can enter more than once. Good luck!

Happy reading,
Mrs Hind and Miss Brown

Contact Details
A reminder to families to update phone details if you have changed your place of work or mobile number. This will ensure staff can contact parents in an emergency. This can be done via our school app, via email or telephone the office.

Arriving Late to School
In the event of your child arriving to school after the morning bell it is a requirement that a child be signed in by an adult. Children should not be signing themselves in.

In School Music Tuition
This year in school tuition lessons between 9am – 3.00pm will only be offered to children in Year 2 and above. This decision was made as the Year 1 teachers found it very disruptive to their programs with children coming in and out at various times during prime teaching time. I trust you will accept this educational decision.

Book Club
Book Club Issue 1 pamphlets were sent home last week. All orders are due back to school by Thursday 19 February 2015. To make it easier for parents we have set up with Scholastic a new ordering and payment system called LOOP. Please refer to flyer that is attached to book club pamphlet. Payment may also be made via our Qkr! app.

God bless

Carmel Maguire
Principal

RE NEWS

LENT
The liturgical season of Lent commences next week on Ash Wednesday. The school will gather with the parish for Ash Wednesday Mass at 9:30 (18 February). Fr Warrick will visit the Kindergarten classrooms on Thursday to distribute the ashes.

Ash Wednesday is a day of fast and abstinence- which means that we should not consume meat or foods made from meat products for Catholics between the ages of 14-60 on this day.

LENT for FAMILIES
http://www.loyolapress.com/lent-at-home.htm has some easy to do activities and ideas for families during Lent.

Sacrament of Eucharist
Enrolment Forms for the Sacrament of Eucharist were sent home today. If your child is in Year 4 or above and has made their First Reconciliation they are eligible to enrol in this program. If you have any questions please contact me at school or Fr Warrick on 62583212. Home Group information will go out on Monday.

Sacramental Dates 2015
Sacrament of Eucharist:
Parent Information Evening: Wednesday 25 February 2015, 7:00pm.
Home Groups Week: 2 March- 6 March
Home Groups Week 2: 9 March- 13 March
Preparation Day Wednesday 29 April
First Holy Communion Saturday 2 May and Sunday 3 May 2015.

Sacrament of Confirmation:
Parent Information Evening: Wednesday 22 July 2015, 7:00pm.
Parent and Child Evening Wednesday 29 July 7:00pm
Sacrament of Confirmation Tuesday 1 September (6:00pm) 2015
Archbishop Christopher Prowse will confer the sacrament.

Sacrament of Reconciliation: (First Confession)
Parent Information Evening: Wednesday 23 September, 2015 7:00pm.
Home groups Week 1:19 October- 23 October
Home groups Week 2: 26 October-30 October
Sacrament of Reconciliation
Tuesday 24 November, Wednesday 25 November, Thursday 26 November: 6:00pm-7:30pm
PARISH NEWS

Ash Wednesday Masses
Ash Wednesday falls on 18 February. Masses across St Michael’s and St Monica’s parishes will be as follows – 9.30am and 6.00pm – St Monica’s and 12 noon at St Michael’s.

Lenten Stations of the Cross
The devotional practice of the Stations of the Cross will take place at St Michael’s, Kaleen on the Fridays of Lent at 7.30pm. The form of the Stations to be used are those used by St John Paul in the 1990s.

EVENTS AT A GLANCE

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>13 Feb</td>
<td>12.30pm-1pm</td>
<td>Assembly &amp; Class Awards</td>
</tr>
<tr>
<td>16-19 Feb</td>
<td>Evening</td>
<td>Parent Information Sessions</td>
</tr>
<tr>
<td>18 Feb</td>
<td>9.30am</td>
<td>Ash Wednesday Mass</td>
</tr>
<tr>
<td>20 Feb</td>
<td>All Day</td>
<td>Swimming Carnival</td>
</tr>
</tbody>
</table>

AWARDS, PRIZES AND ACHIEVEMENTS

<table>
<thead>
<tr>
<th>VALUE</th>
<th>RESPECT</th>
<th>CLASS AWARD</th>
<th>ENGLISH</th>
</tr>
</thead>
<tbody>
<tr>
<td>KG</td>
<td>Joshua Mc</td>
<td>Shaye S-A</td>
<td></td>
</tr>
<tr>
<td>KS</td>
<td>Lauren F</td>
<td>Siena D</td>
<td></td>
</tr>
<tr>
<td>KM</td>
<td>Amour A</td>
<td>Bastijan P</td>
<td></td>
</tr>
<tr>
<td>1D</td>
<td>Jessamine A-C</td>
<td>Angelino S</td>
<td></td>
</tr>
<tr>
<td>1M</td>
<td>Giorgia M</td>
<td>Charlotte P</td>
<td></td>
</tr>
<tr>
<td>1OH</td>
<td>Aurelia S</td>
<td>Elia K</td>
<td></td>
</tr>
<tr>
<td>2R</td>
<td>Charlie S</td>
<td>Alicia Mc</td>
<td></td>
</tr>
<tr>
<td>2L</td>
<td>Coco B</td>
<td>Yaroslava K</td>
<td></td>
</tr>
<tr>
<td>2D</td>
<td>Haylie F</td>
<td>Gabriel H</td>
<td></td>
</tr>
<tr>
<td>3K</td>
<td>Sophie T</td>
<td>Byron P</td>
<td></td>
</tr>
<tr>
<td>3D</td>
<td>Daniel Mc</td>
<td>Noah C</td>
<td></td>
</tr>
<tr>
<td>3/4RG</td>
<td>Charlie B</td>
<td>Bailey M</td>
<td></td>
</tr>
<tr>
<td>4M</td>
<td>Mikaela R</td>
<td>Paddy D</td>
<td></td>
</tr>
<tr>
<td>4Mc</td>
<td>Leo B</td>
<td>Joshua C</td>
<td></td>
</tr>
<tr>
<td>5C</td>
<td>Hannah C</td>
<td>Andrew H</td>
<td></td>
</tr>
<tr>
<td>5E</td>
<td>TBA</td>
<td>TBA</td>
<td></td>
</tr>
<tr>
<td>5/6ED</td>
<td>Charlotte F</td>
<td>Jacob C</td>
<td></td>
</tr>
<tr>
<td>6F</td>
<td>TBA</td>
<td>TBA</td>
<td></td>
</tr>
<tr>
<td>6S</td>
<td>Oscar T</td>
<td>Chris Mc</td>
<td></td>
</tr>
</tbody>
</table>

M&M Star Medallions – Ava S (1D), Sam Mc (3/4RG), Chris M (6S), Joda R-G (6S), Cameron H (6S), Bianca R (6S), Ebony T (6S)

All Class Awards and Values Awards for this week and Kinder (Week 1) will be presented tomorrow at our assembly commencing at 12.30. There will be no awards presented next week due to Ash Wednesday Mass and the Swimming Carnival.

The message of the Ugly Duckling by Lily S (3D)
The message from this story is everyone is special no matter what they look like. It doesn’t matter how you look from the outside it’s who you are from the inside. I will always Respect others no matter how they look. I will always include people in whatever game I play. Always Respect others.

Best of Luck to the OzTag ACT Representatives competing this weekend and the children participating in Tryathlon.

Happy Birthday to the following children who are celebrating birthdays this week.

<table>
<thead>
<tr>
<th>Class</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kinder</td>
<td>Liam S, Daniel I</td>
</tr>
<tr>
<td>Year 1</td>
<td>Luke W, William D</td>
</tr>
<tr>
<td>Year 2</td>
<td>Marin J</td>
</tr>
<tr>
<td>Year 3</td>
<td>Hayley S</td>
</tr>
<tr>
<td>Year 4</td>
<td>Ryan G</td>
</tr>
<tr>
<td>Year 5</td>
<td>Mia S</td>
</tr>
<tr>
<td>Year 6</td>
<td>Rebekah N, Ella T</td>
</tr>
</tbody>
</table>

Community Council Email Address

Council Email Address – this was established to allow parents to let us know areas of concern that they feel need addressing. As a Community Council we can only represent you if we know what is on your mind and as many of the council and you work, this address is just another avenue of contact. Council.StMonicas@cg.catholic.edu.au

The email will be checked regularly by Louise Dykes, Council Executive Secretary. We look forward to hearing from you.

CANTEEN CORNER

Canteen Capsers

Samantha Manning: 6258 4687 (c) 6259 7240 (h)

Flexi Schools online ordering system is available for placing lunch orders. New to Flexi Schools – If your child has a lunch wallet you can select the option on the menu so a paper bag is not required. Special Lunch Orders for Kindy-Year 2 are due back by Monday 16 February. No later orders will be accepted after Monday.

The Roster for Term 2, Week 2

<table>
<thead>
<tr>
<th>Date</th>
<th>Early 9:15am - 11:45am</th>
<th>Late 11:30am - 2:30pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>MONDAY 16/2/15</td>
<td>Vacancy</td>
<td>Vacancy</td>
</tr>
<tr>
<td>TUESDAY 17/2/15</td>
<td>Vacancy</td>
<td>Vacancy</td>
</tr>
<tr>
<td>WEDNESDAY 18/2/15</td>
<td>Vacancy</td>
<td>Jayne Murray</td>
</tr>
<tr>
<td>THURSDAY 19/2/15</td>
<td>Vacancy</td>
<td>Assunta Tammaro</td>
</tr>
<tr>
<td>FRIDAY 20/2/15</td>
<td>Special Kindy Lunches</td>
<td>Helpers Needed</td>
</tr>
</tbody>
</table>

Please Keep In Mind:
* Help needed with the above VACANCIES.
~ Swap your shift if you can’t make your rostered day.
New faces greatly appreciated at any time.
Thank you - Samantha Manning
Pure Will Belconnen Bootcamp at St Monica’s
Pure Will is a local fitness provider who runs fitness services across the region, including a new Bootcamp in Belconnen. They are now taking registration for Term 2, starting March but if you are interested in trying something new and getting fitter with a great group of people feel free to get along and try a session out for free before the new term.

Pure Will Bootcamp is $37 per week. They have three 45 minute sessions available on Monday, Wednesday and Friday from 6am to 6.45am.

They have extended a 10% discount to Teachers at St Monica’s and 5% off for Parent and Friends of St Monica’s.

For information or to make a booking please email bernadette@purewill.com.au or call 0435 372 369 or visit www.purewill.com.au.

If you have an interest in Pure Will Bootcamps we encourage you to trial a free session. Simply call or email to let us know which session you would like to come to, and we can pass on further information from there.

Junior Rugby Union Registration
2015 Meet the Players Day – Sat 7 Feb 10am-1pm at Brumbies HQ. All registered players receive a season pass to all Brumbies home games and an Owls training shirt. You can also register at Southwell Park, Lyneham on Sat 21 Feb 1pm-3pm or anytime online via the Owls club webpage.

Positive Partnership Workshops

Ice Hockey
Come and try the fastest team sport in the world. A free Come and Try Day is being held on 22 Feb 2015 at 10am for boys and girls aged 5-18 years of age – Phillip Swimming & Ice Skating Centre, Irving Street in Phillip. Register your interest – ihact.org.au.

Parent Sessions – How to Have ‘The Talk’ with your child
Family Life Education John Shay from Cairns Diocese will run a seminar for parents of primary school children on how to discuss issues of sexuality with your children. Seminar to be held at Rheinberger Centre in Yarralumla on Tuesday 24 February, 7.00pm-8.30pm. Cost is $5 donation at the door. Enquiries – info@catholiclife.org.au.

The 2015 YMCA of Canberra Women and Girls Fun-Run/Walk
The Fun-Run is being held on 1 March and covers a 5 km course from Stage 88. This is a safe and supportive event for women and girls, and we particularly encourage schools to register. There is a $500 prize for each of the primary and secondary schools with the highest number of team members relative to their female student enrolment. Team members can include students, teachers, parents and other community members. Participants are also automatically entered in age group categories, and can also enter family categories. The YMCA of Canberra Runners Club believes this Fun-Run/Walk represents a great opportunity for school communities to generate some school spirit, spur interest in healthy activity and potentially boost fundraising early in the year. The Fun-Run is organised by volunteers with the support of the YMCA, and proceeds from the run will be used to support OvCan, a small Canberra based ovarian cancer support and awareness group. Visit wgfunrun.com.au for how to set up a team.