VALUE - Compassion

Compassion is understanding how another person feels.
Compassion is caring about others.
Compassion is showing concern through kind thoughts, words and actions.
Compassion is helping and giving.
Compassion is listening and being patient.

POSITIVE BEHAVIOUR FOCUS
BEING RESPECTFUL

Being respectful means we use our manners. We say please and thank you, apologise when things go wrong and listen to those that are speaking.

A WORD FROM OUR PRINCIPAL

Dear Parents

Inclusion

Recognition Awards Celebrating Catholic Education

Congratulation to Mr Patrick Ellis who received a Recognition of Excellence Award for his outstanding contribution to Building Capacity within the staff and student community at St Monica’s. The award was presented on Friday evening at the Archdiocesan Catholic School Mass at St Christopher’s. Well done Pat!

Easter Events at St Monica’s

Holy Week commences this Sunday with Jesus’ entry into Jerusalem. St Monica’s will commemorate these special days next Wednesday 23 March.

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Years</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:30am</td>
<td>Introduction, Palm Sunday</td>
<td>Kinder, Yr 1</td>
</tr>
<tr>
<td>11:45am-12:45pm</td>
<td>Last Supper, arrest of Jesus</td>
<td>Yr 3 and Yr 4</td>
</tr>
<tr>
<td></td>
<td>Passion/ Stations of the Cross</td>
<td>Yr 5 and Yr 6</td>
</tr>
</tbody>
</table>

Wednesday 30 March

2:30pm  Resurrection  Yr 2

This prayer time will be held in St Monica’s Church.

2016 Laurie Daley Shield Champions

Congratulations to our Year 5 & 6 Rugby League team who won the 2016 Laurie Daley Shield. It was a tough competition but the boys were determined to bring home the trophy. Sincere thanks to Andrew Mills for his coaching commitment to ensuring the boys were well prepared. A very proud coach and father! Well done boys!

Chickenpox

There has been a case of chickenpox reported in the school.

SAVE THE DATE
FETE DAY
2 APRIL

Assembly tomorrow 1pm – Class and Star Awards
Tombola Jars – Uniform Free Day 18 March

Tomorrow Friday 18 March will be an out-of-uniform day for all children in exchange for each child bringing in a bottle filled with goodies (hair accessories, lollies, stationery – the options are endless) for our tombola stall. Students will receive a raffle ticket for each bottle they bring in. The winner of the tombola raffle will receive their choice of the bottles.

Lit Quiz Success

For the first time in St Monica’s history we were entering two full teams into the 2016 Kid’s Lit Quiz. The Lit Quiz is a competition for Year 5, 6, 7 and 8 that test you over a wide variety over fantasy, sci-fi, word puzzlers and more. With five new competitors representing St Monica’s, a very big group of parents gathered in the stands to support some of the youngest teams in the quiz. Throughout a very tough 100 questions, both teams did incredibly well. Team 1 (Charlotte J, Elena S, Joven M and Thomas O) finished tied 5th out of the 28 participating teams. Team 2 (Sarah K, Alicia R, Millie A-C and Cohen E) also did very well, showing great teamwork in their first Lit Quiz. Team 2 ended up coming about 25th, which is remarkably good from both teams considering the quality of the opposition and questions. Thanks again to Mrs Hind and Miss Brown for the training, the parents for their support and the students who participated. You all made it a fun and enjoyable day out at Grammar. (Joven M)

Restorative Practice News Part 5
Understanding Emotions

Dealing with negative emotion is often the most difficult aspect of being a parent. Sensing failure as a mother or father is a deeply disturbing experience, one that engenders strong emotion. This emotion is often experienced as shame. Shame is a most maligned emotion, yet when understood as a necessary and basically healthy emotion, it can do the job for which it has been designed; that of a red light to force us to stop and pay attention to something that has gone wrong.

A healthy response to shame is to:
1 Stay with the moment.
2 Reflect on what has caused the shame feeling.
3 Open up and take care of things.

If we do not transform our pain, we will most assuredly transmit it

When we do have a healthy response to shame and do not learn from the experience, we will:
WITHDRAWAL: We do not want to talk with anyone.
HURT SELF: We tell ourselves we are no good at anything and do not like ourselves.
AVOIDANCE: We deny that anything happened and do distracting things.
HURT OTHERS: We get angry or blame/hurt others. We bully others.

What happens when a parent gets a call from the school principal with the news that his/her child has done something inappropriate? A mother who recently attended a training session wrote:
“When I get the dreaded call from the principal ...
I have to go to my room, away from everybody! (WITHDRAWAL)
Then I go to the fridge looking for chocolate to feel okay! (AVOIDANCE)
Then I think, that school is always picking on my kid! (ATTACK OTHERS)
By the time I have arrived at the school, I feel like I’m a really bad parent! (ATTACK SELF)
I realise however that when I go to defend my kid, it is all about how I deal with my painful emotions, and has little to do with my kid’s behaviour!”

Meet Our Year 5 Team

Mrs Cerryanne Kelly – 5K
Mr Christopher Evans – 5E
Mr Michael McFadden – 5/6M

SCHOOL FEES ARE DUE FRIDAY 18 MARCH
Exceptions for families with Direct Debit arrangements
Japanese Assistant Hosting Opportunity
For the next two terms we will again be lucky enough to have a volunteer Japanese Language Teaching Assistant come to our school. Ayano Nakamura will work in the classroom in all Japanese lessons to give our children an opportunity for genuine intercultural exchange. She will provide a native speaker model of the Japanese Language and introduce the latest information about life in Japan.

In return we, as a community, will have the opportunity to introduce Ayano to our diverse families and to involve her in a variety of experiences that are part of our everyday lives in Australia. She will also benefit from the chance to use and improve her English skills.

As part of this program our school families are invited to host Ayano during her time here. Your family would be welcome to host her for a month, a week, a weekend or just for afternoon tea or a barbecue. She would love to be involved in any family experiences you could offer. For any longer term hosting there would be a payment to cover any costs involved.

Hosting would be a wonderful experience for your family and the children will benefit so much from this experience. Of course Ayano loves children, has good, basic English skills and already has her Working With Vulnerable People Card. If you are interested or would like more information about hosting please contact Anne Hodgkin at school or by email. anne.hodgkin@cg.catholic.edu.au

Conversations on Goals (CoGs)
Our CoGs sessions commenced last week. For our new families this is a meeting involving parent/s, student & teacher/s to set learning goals. Next week the teachers form 3/4RG, Year 5 and 6 will be available to meet with parents and the children to determine learning goals.

We have opted for an online booking system to enable parents to coordinate appointments when there is more than one teacher to meet. Instructions on how to book an appointment are on our Skoolbag App, and have been sent home to all families. All parents and students are expected to attend a CoG session. If you do not have internet access please contact Allison Walsh for assistance.

Questacon Science Circus
This week, all classes have had fun attending some science shows. The Shell Questacon Science Circus is a major outreach program from Questacon – The National Science and Technology Centre in Canberra.

The Science Circus experience is designed to stimulate and challenge an exploration of science and technology among its audience and is an ideal basis for follow-on activities.

Science graduates bringing lively presentations of science to towns and schools across regional Australia while we study for a Master of Science Communication Outreach.

SMOOSH Vacation Care – April Holidays
SMOOSH Vacation Care will be running for the April school holidays. The program and booking sheet will be available tomorrow and will be up on our App.

Camp News
Our Year 5 and 6 students all returned safe and sound after a very busy and exhausting three day camp experience. A great deal of preparation goes into preparing a camp. On behalf of the parents and children I thank Mr Pat Ellis, Mrs Haley Stonham, Miss Liz Mahoney, Mr Chris Evans, Mrs Cerryanne Kelly, Mr Bob Fletcher and Miss Carmel Rheinberger for they willingness to be part of this experience for the children and the personal time given to supporting and supervising the children.

St Monica's Belconnen Swimming Squad

Information and Permission Notes have gone home today.

Harmony Day /Bullying. NO WAY!
The National Day of Action Against Bullying and Violence is tomorrow. The theme of Bullying, No way! This year is ‘Take A Stand Together.

Paving Required
With the refurbishment of our staff courtyard we now have pavers for use around the school. I would like to pave an area near the hall where our bus children wait of an afternoon. If there is a qualified parent/s who would be interested I would welcome a quote for approval by Council. Please contact the school for further details.

Harmony Day
Monday 21 March is Harmony Day. This day is a great way to celebrate our cultural diversity and the uniqueness of each human being. St Monica’s will bring together these two special days in Week 7. Our school prayer focus will be around these themes. Classes at school will be encouraged to meet with their buddy class for some appropriate activities around Bullying No Way! and Harmony Day.
Members of the 2016 Council Executive

<table>
<thead>
<tr>
<th>Position</th>
<th>Representative</th>
<th>Grade levels</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chair</td>
<td>Megan Scott</td>
<td>Year 6</td>
</tr>
<tr>
<td>Deputy Chair</td>
<td>Kathy Moir</td>
<td>Year 1, 2</td>
</tr>
<tr>
<td>Secretary</td>
<td>Evelyn – David Hoole</td>
<td>Kindy, Year 2, 4</td>
</tr>
<tr>
<td>Treasurer</td>
<td>Evan Thomas</td>
<td>Year 3</td>
</tr>
<tr>
<td>Parent Rep</td>
<td>Lis O’Daly, Craig Simpson, Gabrielle Blair</td>
<td>Year 3, 5, Year 2, 3, Year 4</td>
</tr>
<tr>
<td>Teacher Rep</td>
<td>Christopher Evans</td>
<td></td>
</tr>
<tr>
<td>Invited member</td>
<td>Patrick Ellis AP</td>
<td></td>
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<tr>
<td>Parish admin</td>
<td>Fr Loi Viovicente</td>
<td></td>
</tr>
<tr>
<td>Principal</td>
<td>Carmel Maguire</td>
<td></td>
</tr>
<tr>
<td>P &amp; F Treasurer</td>
<td>Keith Forrest</td>
<td>Year 4, 6</td>
</tr>
</tbody>
</table>

Sacrament of Eucharist

Thanks you to everyone who has completed the Home group component of the program. Work continues at school.

A reminder that all children enrolled in the Sacrament of Eucharist program are required to go to the Sacrament of Reconciliation before they make their First Holy Communion. Fr Loi is available for the Sacrament of Reconciliation each Saturday afternoon from 4:30-5:30pm in the Reconciliation room in St Monica’s Church. The cost of the Eucharist program is $30. If you have not paid yet, payment can be made through the front office via cash, credit card, EFTPOS or Qkr.

Champions’ Reading Challenge

To encourage our students to keep reading the St Monica’s staff will once again challenge all of our students to read 12 books by the end of Term 1. Students are required to record the books they have read on this sheet, with an adult signing off on each of the books they have read. Any type of book can be recorded, including readers, fiction, non-fiction, picture books and chapter books. Students will complete the recording of their sheets during Library lessons and additional sheets can be picked up from the Library. When each student completes the challenge they are required to place the sheet in the box in the Library. All students who enter will be in the draw for prizes which will be drawn at the final assembly in Term 1. Students can enter more than once. Good luck! Happy reading - Mrs Hind and Miss Brown

All Volunteers

Parents visiting the school to assist are to sign in/out at the Front Office and receive a Visitors badge. All volunteers must now hold a WWVP Card, displayed in a visitor’s lanyard.

Please check your expiry date as some cards are due for renewal

God bless

Carmel Maguire
Principal

RE NEWS

AWARDS, PRIZES AND ACHIEVEMENTS

<table>
<thead>
<tr>
<th>VALUE</th>
<th>Compassion</th>
<th>CLASS AWARD</th>
<th>Creativity – Visual Arts</th>
</tr>
</thead>
<tbody>
<tr>
<td>KS</td>
<td>Lorenzo S</td>
<td>Eamon F</td>
<td></td>
</tr>
<tr>
<td>KMR</td>
<td>Lachlan T</td>
<td>Jessica Mc</td>
<td></td>
</tr>
<tr>
<td>KRG</td>
<td>Tyler B</td>
<td>Patrick S</td>
<td></td>
</tr>
<tr>
<td>1B</td>
<td>Samuel W</td>
<td>Madison R</td>
<td></td>
</tr>
<tr>
<td>1V</td>
<td>Lucy O</td>
<td>Emma S</td>
<td></td>
</tr>
<tr>
<td>1OH</td>
<td>Rohan G</td>
<td>Maria K</td>
<td></td>
</tr>
<tr>
<td>2S</td>
<td>To be advised</td>
<td>To be advised</td>
<td></td>
</tr>
<tr>
<td>2L</td>
<td>Lexi R</td>
<td>Jack R</td>
<td></td>
</tr>
<tr>
<td>2D</td>
<td>Luke B</td>
<td>Zali J</td>
<td></td>
</tr>
<tr>
<td>3R</td>
<td>Dion W</td>
<td>Sienna H</td>
<td></td>
</tr>
<tr>
<td>3D</td>
<td>Madeline N</td>
<td>Isabella L</td>
<td></td>
</tr>
<tr>
<td>3/4RG</td>
<td>Olivia S</td>
<td>Hena L</td>
<td></td>
</tr>
<tr>
<td>4W</td>
<td>Montana M</td>
<td>Claudia G</td>
<td></td>
</tr>
<tr>
<td>4C</td>
<td>Blake O</td>
<td>Georgia M</td>
<td></td>
</tr>
<tr>
<td>5K</td>
<td>Rose M</td>
<td>Patrick H</td>
<td></td>
</tr>
<tr>
<td>5E</td>
<td>Alicia R</td>
<td>Baxter S</td>
<td></td>
</tr>
<tr>
<td>5/6M</td>
<td>Bailey R</td>
<td>Eden B</td>
<td></td>
</tr>
<tr>
<td>5/6M</td>
<td>Week 6 – Tara K</td>
<td>Week 6 – Bailey R</td>
<td></td>
</tr>
<tr>
<td>6M</td>
<td>Robbie W</td>
<td>Grace P</td>
<td></td>
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<tr>
<td>6S</td>
<td>Week 6 – Mia S</td>
<td>Week 6 – Anthony R</td>
<td></td>
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<tr>
<td>6S</td>
<td>Jack M</td>
<td>Elena S</td>
<td></td>
</tr>
<tr>
<td>M &amp; M Medallions –</td>
<td>Holly F (1V), Annabelle F (1V), Ethan G (1V), Jack A (3D), Joshua C (5/6M), Jessica H (5/6M), Ryan U (5/6M)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Happy Birthday to the following children who are celebrating birthdays this week.

Kinder    Jackson M
Year 2    Conner H
Year 4    Apajok A, Billie H
Year 5    Cassandra J

SPORTING NEWS

Oztag:

How to Register Your Oztag Team!

Step 1: Download registration form
Step 2: Gather your player’s names, details and ensure that each player does the membership activation so that they
have their registration number. (This is separate to method of payment).

**Step 3:** Send your completed registration form to admin@actoztag.com.au. ACT Oztag will reply when the form is received. All teams must register a minimum of 10 players.

**Step 4:** Make the FULL team payment by Monday the 18th April to be included in the draw. Payments can be made by EFT, Cash or PayPal. Cost is $70 per person. Players can pay individually and are required to keep a copy of payment receipt as proof.

**Step 5:** Once your team registration form and FULL team payment have been received you will be notified by email when the draw has been released.

**Things to remember:**
- If teams do not have full payment (minimum of 10 players) and registration forms filled out by Monday the 18th April, your team will not be entered into the draw and will run the risk of not being accepted into the competition
- There is a limit of two representative players per team
- Spots in this competition are limited, please register early
- There are No Finals for this Competition

**Competition Dates**
- Rd1 2nd May – Rd6 6th June
- Rd7 20th June – Rd8 27th June
- Note: No Games played on the 13th June for the Queen’s Birthday Long Weekend

**Individual Players – Looking for a Team:**
- Players can register as an individual player looking to join a team.
- ACT Oztag group individuals from the same schools
- Fill out the individual players form and send it to admin@actoztag.com.au by the 18th April

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**FETE NEWS!**

**White Elephant, Baby/Toddler and Clothing drop-off dates**
All items for our white elephant, baby/toddler and clothing stalls can be dropped at the Hall during the following drop off times.
Saturday 19 and Sunday 20 March 2pm – 4pm
Saturday 26 March (Easter Saturday) 2pm – 4pm
Monday 28 March (Easter Monday) 2pm – 4pm

Please no mattresses, children’s car seats, broken, stained or unusable items.

If you can assist with sorting please email the fete team at stmfete@gmail.com

**Volunteers**
We are in great need of helpers to assist with our stalls on the day of the fete. If you can help please return the volunteer slips that were sent home, or email stmfete@gmail.com. All help will be greatly appreciated. Thank you.

**Urgent - Raffle tickets**
Please start returning all raffle tickets and money. We would like to have all raffle tickets back by tomorrow to allow our raffle coordinators plenty of time for counting.

**Raffle Baskets in the Classrooms**
Each year level has been given a washing basket to fill with goodies related to the themes below. The fete team would be so grateful if you could please purchase one or two items related to your child(ren)’s theme to place in the baskets which will then be raffled off at our fete on 2 April.

The themes are:
- Kindergarten: Home and Garden
- Year 1: Party
- Year 2: Holiday Fun
- Year 3: Pets
- Year 4: Bath and Beauty Products
- Year 5: Stationery
- Year 6: Sweet Surprise

The baskets will be collected from the classrooms in Week 9.

**Silent Auction**
The silent auction of our fabulous signed Canberra Raiders, Wallabies and ACT Brumbies guernseys are off to a great start. The current highest bids are:

1. ACT Brumbies: $500
2. Canberra Raiders: $50
3. Wallabies: $0

To place a bid please send an email to the fete inbox (stmfete@gmail.com) with your name, contact telephone number, the name of the team whose guernsey you would like to bid on, and of course the amount you wish to bid. We will respond to your email to confirm your bid and we will also email you if you become outbid. Each week the name of the highest bidder and the highest current bid for each guernsey will be published in the newsletter. If you do not wish your name to be published in the newsletter please tell the fete team in your email in which case we will not publish your name, but we will publish the dollar future of the current highest bid. The guernseys will be...

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**FLEXI SCHOOLS ONLINE ORDERING SYSTEM**
Flexi Schools online ordering system is available for placing lunch orders. **New to Flexi Schools** – If your child has a lunch wallet you can select the option on the menu so a paper bag is not required.

**The Roster for Term 1, Week 8**

<table>
<thead>
<tr>
<th></th>
<th>Early</th>
<th>Late</th>
</tr>
</thead>
<tbody>
<tr>
<td>MONDAY 21/3/16</td>
<td>Catherine Bailey</td>
<td>Vacancy</td>
</tr>
<tr>
<td>TUESDAY 22/3/16</td>
<td>Carol Lynch</td>
<td>Carol Lynch</td>
</tr>
<tr>
<td>WEDNESDAY 23/3/16</td>
<td>Evelyn David-Hoole</td>
<td>Evelyn David-Hoole</td>
</tr>
<tr>
<td>THURSDAY 24/3/16</td>
<td>Anne Carew</td>
<td>Anne Carew</td>
</tr>
<tr>
<td>FRIDAY 25/3/16</td>
<td>Good</td>
<td>Friday</td>
</tr>
</tbody>
</table>

**Thank you - Samantha Manning - 6258 4687**
displayed at the fete and bids will continue to be taken at the fete until 2pm on 2 April 2016. At 2pm the highest bidder for each Guernsey will be announced as the winner. Winners will be contacted no later than Monday 4 April 2016. Payment must be made on the day of the fete, or if the winner is not present at the fete payment must be made no later than COB Monday 4 April. If prompt payment is not received the respective guernsey(s) will be offered to the next highest bidder.

**General Community Information**

**High School Enrolment Information**

St Francis Xavier College 2017 enrolment period will be from Monday 2 May – Friday 20 May 2016. Applications may be submitted during this time directly to the College Reception, or by mail.

The **Year 7 2017 Enrolment Information Evening** is being held on Monday 9 May, 2016. The evening will commence at 5.00pm with tours of the College. This will be followed at 6.30pm with an information session in the Gymnasium.

The **Year 11 2017 Enrolment Information Evening** is being held on Wednesday 11 May, 2016. The evening will commence at 5pm with tours of the College and Course Advice. This will be followed at 6pm with an information session in the Theatre.

**SFX Open Day** is on Friday 13 May between 9.00am - 2.30pm. This gives prospective students and their parents an opportunity to tour the school with a staff member or student while classes are running.

For more information regarding enrolments please contact Jennifer Madgwick - jennifer.madgwick@sfx.act.edu.au or telephone the College on 6258 1055.

**Merici Open Days**

**Wednesday 4 May** 2.00pm-7.00pm

**YEAR 7, 2017**
**INFORMATION EVENING**
Tuesday 10 May 6.00pm-7.15pm
Enrolment forms will be available

**YEAR 11, 2017**
**INFORMATION EVENING**
Thursday 12 May 6.00pm-7.15pm
Careers Expo 4.00pm-6.00pm
Senior Information Handbooks will be available.

**ADDITIONAL SCHOOL TOURS**
Saturdays 30 April and 7 May
Visit www.merici.act.edu.au for more information.

**Leah and Emma – The Gorjase Girls**

Well they say there is only a week between a good and a bad haircut. We may need a few more...

We, Leah Platts (Grace (6M) and Ava 2S) and Em Howlett (Sophie (6M), Jack (4W) and Michael (1V) have decided to take part in this year’s World’s Greatest Shave to raise money and awareness for the Leukaemia Foundation. We have both had close family members diagnosed with a form of blood cancer. Em’s father successfully battled aggressive lymphoma in 2014. Leah’s younger brother Jason was not so lucky and passed away from leukaemia last year.

With this in mind, we have formed The GorJase Girls and we are on a mission to raise money for the Leukaemia Foundation to help both their research into these awful blood cancers, as well as the assistance they give to families who are fighting blood cancer.

We know competition for the donation dollar is always fierce, but if you could spare a few dollars to our cause we would be super grateful. The link to our team page is below – it looks wonky but apparently it works. Otherwise you can search for our team (The GorJase Girls) on the World’s Greatest Shave website. To date, the support for our adventure, both financial and emotional, has been humbling and for that we thank you all. The big day is set for tomorrow…wish us luck!


**Melba Tennis Club - Juniors Friday Social Night**

It's on again until the end of term - Friday night social tennis for juniors. Any junior can come along... You don’t need to be a club member or to be having coaching lessons at the club - you just need to be able to hit a ball. There is a BBQ, prizes and lots of fun tennis. So come along and give it a try! **Time:** Friday Nights 6:00pm - 8:00pm. **Cost:** $10 per child. **Contact Owen** on 0407 456 293 or email owen@onthelinetennis.com.au. There is also still spots available for after school tennis classes for this term, or get in early to secure your preferred day for Term 2.

Looking for something fun and entertaining to do with the kids on the weekend? Come along to the CONNECT AND PARTICIPATE EXPO! Saturday 19 March, 11am – 4pm at the Old Bus Depot Markets in Kingston. There’s over 160 groups and clubs for all ages and abilities to see – from choirs, bmx riders, rowers, martial artists, ukulele players, artists, ‘craftists’, dancers, roller bladders, environmentalists, poets, writers, quilters, model car racers, unicyclists, to groups of animal lovers, Star Wars devotees .... and much much more. There will be food stalls, a sausage sizzle, and a free ACTION shuttle bus will run every 15 minutes from Fyshwick Park and Ride (Tom Price Street, just off Canberra Avenue) to the expo, between 11am to 4pm. For more information, please visit www.connectandparticipateexpo.com.au