VALUE - Tolerance

Why should we be tolerant people? People who don't practice tolerance cannot stand to have anything differ from what they want and expect. Tolerance helps them accept things as they are. People without tolerance judge others by the way they look, sound or dress. They decide who can be a friend and who can't. When people are teased or left out, they feel sad and lonely. When we are tolerant we don’t allow differences to drive us apart.

“Ignorance and prejudice are the handmaidens of propaganda. Our mission, therefore, is to confront ignorance with knowledge, bigotry with tolerance, and isolation with the outstretched hand of generosity. Racism can, will, and must be defeated.” Kofi Annan

http://www.goodreads.com/quotes/tag/tolerance

POSITIVE BEHAVIOUR FOCUS
BEING RESPONSIBLE

This means we are on time for bells. We stop playing when we hear the bell, move quickly to go to the bathroom, get a drink and make our way to line up. We need to be organised so everyone is ready to go back into classroom to continue learning.

A WORD FROM OUR PRINCIPAL

Dear Parents

Pope Francis: A Prophet of Mercy

Be merciful, just as your Father is merciful. ‘Do not judge, and you will not be judged; do not condemn, and you will not be condemned. Forgive, and you will be forgiven; give, and it will be given to you. A good measure, pressed down, shaken together, running over, will be put into your lap; for the measure you give will be the measure you get back.’

LUKE 6: 36–40

Reflecting on the image

In this image Pope Francis embraces a blind woman. For Pope Francis ‘Mercy’ is one of the names of God. Mercy is a key to his spirituality, his papacy, his entire life. Many of the images we see of Pope Francis show him embracing God’s little ones — the elderly, children, those with disabilities.

Spend some time with this image observing the tenderness of Pope Francis toward this blind woman. See how his hands hold her gently and with compassion. Observe his face and his own closed eyes, as he quietly prays for this young woman. See the radiant joy on her face as she receives his embrace, his mercy and his prayer.

Baby News

Congratulations to the Shea family — Isabella (3/4RG) and Samantha (10H) on the arrival of their little brother Jack born last Monday.

Special Prayers

Please keep the Batchelor family — Eden (5/6M) in your prayers as Eden’s grandfather passed away last week.

Prayers for Kai G (5E)

Late last week Kia was taking to the Royal Children’s Hospital in Sydney for tests to determine the nature of a legion on his brain. Yesterday he underwent surgery and is now resting in hospital. We are currently waiting to hear from the family the results of the surgery and tests. Please keep Kai in your prayers as this is a very difficult and stressful time for the family and the many friends in our community who know the family well. I will endeavour to keep our families aware of any developments. Please do not hesitant to contact the school should you have concerns as to how your child is coping with the situation.

Staffing Term 3

Over the next few weeks staffing for Term 3 will be finalised in preparation for when I will be away on Long Service Leave. The following staffing arrangements have been approved:

Mr Patrick Ellis - Acting Principal
Miss Carmel Rheinberger - Acting Assistant Principal and
Mrs Haley Stonham - Acting Religious Education Coordinator

For the first three weeks of Term 3 Mr Christopher Evans will be joining a group
of teachers, selected from our Archdioceses, to attend World Youth Day in Krakow. This is a wonderful opportunity for Chris who is looking forward to the experience; we look forward to hearing his stories. During Chris’ absence Mrs Louise Dykes will be taking 5E for the first two weeks and then Miss Tiffany Pedler in the third week. Louise and family are also taking a family holiday for several weeks.

For Term 3 Mrs Jodie May will be teaching KR on a Friday until Mrs Sally Gervink returns in Term 4.

Families Taking Leave For 10 Days Or More
Where children are accompanying family members for an extended holiday, for 10 or more school days, parents are now required to complete an Application for Extended Leave – Travel form. I will make this available on our school app and website or it can be collected from the office. Thank you for your assistance.

Absentee Notes and Arriving Late/Leaving Early
It is a legal requirement that the school receive official notification when a child is absent from school. This official notification can be sent via our school app, an email or a handwritten note. The information provided should include the date, reason for absence and person making the notification. Where no formal notification is received the child is marked as absent at the end of the term. If a student arrives late to school or leaves before end of school day they must be signed in or out at front office.

Supporting children to cope with stress

Children who cope better with life’s everyday setbacks develop good mental health and wellbeing. Some ways adults can support children’s developing coping skills include:

**Optimising children’s positive experiences**
- Keep stress within a manageable everyday range.
- Arrange opportunities for ‘ups’ that involve fun, joy, and pleasure which provide a bank of positive emotions to buffer against life’s everyday ‘downs’ that may involve hurt, disappointment, frustration or conflict.

**Helping children develop optimism**
- Children learn by observing others. Show them how to be optimistic by your own attitude and what you say when things go wrong for you.
- Look for solutions and avoid blaming others or yourself.
- Give children opportunities to succeed.
- Give realistic praise and encouragement.

**Helping children to reframe their unhelpful thoughts, feelings and behaviours into helpful ones**
- Help children turn setbacks into a drive to try again.
- Help children to think positively. For example, "I know that puzzle was hard today, but yesterday I saw you get a hard puzzle out. You kept trying until you found the right place to put the pieces."

Read more at the following link

Mary Millar Library Fund
An invitation for families to contribute to our special library fund was sent home and put up on our App this week. Any donations over $2.00 are tax deductible. Funds raised this year will go towards display boards and additional furniture for the library. Should you wish to contribute please do so by 30 June so that you can claim on your 2015/2016 tax return.

Mini Vinnies @ St Monica’s
The Mini Vinnies team are looking forward to leading Week 9 Assembly in which they will be sharing some more of their learning about social justice. They will talk about some well social justice heroes throughout history. During this assembly we will also induct some new members to the Mini Vinnies team. Parents and friends are welcome to join with us at 1pm on Friday 24 June for this assembly.

Miss Sonia Brown

School Read-A-Thon

[Read more at the following link](https://www.kidsmatter.edu.au/mental-health-matters/social-and-emotional-learning/resilience-coping-with-stress)

Information from [www.kidsmatter.edu.au](http://www.kidsmatter.edu.au)
We are trying something new this year and the idea was supported by the Council Executive at our meeting this week. We are going to hold the School Read-A-Thon as a major fundraising event, early next term!

The School Read-A-Thon promotes literacy to our students in a fun and engaging way! It’s all about participation and we’re organising a great day for our school community. Family support is key to our fundraising success and we encourage all students to get involved.

Keep your eyes peeled for the sponsorship forms which will be sent home with your child early next term. Students who raise just $10 or more will receive a reward for effort. In the Sponsorship Form you will also find many other benefits like the chance to win a Samsung Tablet every week!

We’re really hoping you will get behind us on this fundraiser to ensure we hit our fundraising goal for 2016. Thanks so much, in advance for all of your support, let’s have some fun reading!

Departing Families

We are aware that some families will be leaving St Monica’s at the end of this year. To help us with staffing and class structure for 2017, we would appreciate knowing which children (apart from Year 6!) will not be returning to St Monica’s next year. If your child/ren will not be returning, please advise via email or note as soon as possible.

SMOOSH Vacation Care

Vacation care bookings are now open for the July school holidays. Spaces are filling up very fast. Please contact SMOOSH if you wish to secure a booking.

Reports and Parent Teacher Interviews

As I will be travelling to Perth during Week 9 of this term the reports will not be issued until mid Week 10. Parent teacher interviews will be held early next term.

Seasons For Growth

Change and loss affect all of us at some stage in our lives. At St Monica’s we recognise that when changes occur in families through death, separation, divorce or related circumstances, young people benefit from learning how to manage these changes effectively. Seasons for Growth is an Australian program that provides opportunities for students in Years 1-6 to integrate the appropriate knowledge, skills and attitudes to understand and cope with change, loss and grief, using the symbolism of the four seasons.

The program will be conducted during school hours with children being withdrawn from class. It is recommended that at least six months passes after the loss, as children are then in a better position to cope with the program.

Request forms can be found on our school app under newsletters or from your child’s teacher. If this is the first time your child/children will be participating in the program, it is essential that you have this information in order to ascertain if the program will meet the needs of your child/children. Please respond by tomorrow if you would like your child to access this wonderful program.

Bob Fletcher, our program co-ordinator and trained Companion will send home a consent form with your child once you return the response slip to confirm your child’s interest in the program.

School Banking Account Opening Day

School Banking day is MONDAY. Each week you need to bring your deposit book to your classroom for collection. We will be holding an Account Opening Day at our school:

- **Time:** 8.30am
- **Date:** Monday 27 June 2016
- **Location:** School Assembly Area

Community Council Email Address

**Council Email Address** – this was established to allow parents to let us know areas of concern that they feel need addressing. As a Community Council we can only represent you if we know what is on your mind and as many of the council and you work, this address is just another avenue of contact. Council.StMonicas@cq.catholic.edu.au

The email will be checked regularly by Evelyn David - Hoole, Council Executive Secretary. We look forward to hearing from you.

God bless

Carmel Maguire
Principal

**RE NEWS**

**Ordinary Time**

If you have been at Mass lately, you will have noticed that the large green banner is back on the wall of the Sanctuary. In other churches the tabernacle veil will have changed to green and Father will be wearing green vestments. We have once again entered that period of the liturgical year known as Ordinary Time. In between all the special occasions in our own families there are many days which are filled with many “ordinary rituals”, preparing meals, going to work, dropping the kids off at footy, music...the essential elements of family life. In the Church calendar too we have the Sundays of Ordinary Time. These days mark the passing of the ‘ordinary’ days that sustain our family of faith.

**Sacrament of Confirmation**

The Confirmation Program for Yr 6 students at St Monica’s will commence next term. Dates for the program are as follows:

- **Parent Information Evening:** Wednesday 20 July 7:00pm. School Library
- **Parent and Child Evening:** Thursday 11 Aug 7:00pm School Library
- **Sacrament of Confirmation:** Wednesday 7 September (6:00pm)

Fr Tony Percy Vicar General will confer the sacrament.
St Anthony of Padua  Feast Day 13 June
The Catholic church has a marvellous array of people who gave their lives completely to God. Of those we recognise as Saints- St Anthony of Padua is one whose example still resonates today. Fernando (St Anthony) was born in Lisbon 1195, the son of Martin and Mary Bulhom and first entered the Augustinian Order. Inspired by the martyrdom of some Franciscan friars he joined this Order and took the name Anthony. He asked to be sent to Morocco. Ill health saw him on his way home from here, when the ship was sent off course and he landed in Sicily. Anthony made his way to Assisi where he joined the community. He lived there quietly until he was asked to preach at an ordination. The people were very impressed by his teaching and Anthony became a preacher to the Franciscan order. From there he preached in France, Belgium and Italy. His association with Padua came later as he was based here as provincial superior of northern Italy. There are many stories surrounding St Anthony and the miracles attributed to him. He was canonised in the year after his death at 36 years of age. Most of us know St Anthony as the patron saint of lost things- so the next time you have lost something thing that needs to be found- call on St Anthony.

ACT Swimming Carnival – Friday 24 June
Congratulations to the following students who have been selected to participate in the ACT Swimming Carnival to be held on the 24 June at the AIS - Jessica H, Ben Mc, Harry P, Olivia R

Judo News

Congratulations to Sinead H (6M) who won the Australian Junior Girls Judo in Geelong on the weekend – Under 48kg. She beat girls from NSW and QLD in the finals.

AWARDS, PRIZES AND ACHIEVEMENTS

Happy Birthday to the following children who are celebrating birthdays this week

<table>
<thead>
<tr>
<th>Kindy</th>
<th>Sarah D-H</th>
</tr>
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<tbody>
<tr>
<td>Year 1</td>
<td>Yianni K, Aiden S, Lauren F</td>
</tr>
<tr>
<td>Year 2</td>
<td>Gabriella F</td>
</tr>
<tr>
<td>Year 3</td>
<td>Yaroslava K</td>
</tr>
<tr>
<td>Year 4</td>
<td>Sophie K</td>
</tr>
<tr>
<td>Year 5</td>
<td>Harley J</td>
</tr>
</tbody>
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CANTENE CORNER

<table>
<thead>
<tr>
<th>VALUE Tolerance</th>
<th>CLASS AWARD Humanities or Science</th>
</tr>
</thead>
<tbody>
<tr>
<td>KS</td>
<td>William Mc</td>
</tr>
<tr>
<td>KMR</td>
<td>Jessica Mc</td>
</tr>
<tr>
<td>KRG</td>
<td>Christian M</td>
</tr>
<tr>
<td>1B</td>
<td>Madison R</td>
</tr>
<tr>
<td>1V</td>
<td>Sam G</td>
</tr>
<tr>
<td>1OH</td>
<td>Isabella P</td>
</tr>
<tr>
<td>2S</td>
<td>Cooper W</td>
</tr>
<tr>
<td>2L</td>
<td>Laura G</td>
</tr>
<tr>
<td>2D</td>
<td>Zali J</td>
</tr>
<tr>
<td>3R</td>
<td>Sienna H</td>
</tr>
<tr>
<td>3D</td>
<td>Gabriela C</td>
</tr>
<tr>
<td>3/4RG</td>
<td>Katie F</td>
</tr>
<tr>
<td>4W</td>
<td>Claudia G</td>
</tr>
<tr>
<td>4C</td>
<td>Lily S</td>
</tr>
<tr>
<td>5K</td>
<td>Lara Mc</td>
</tr>
<tr>
<td>5E</td>
<td>Hannah B</td>
</tr>
<tr>
<td>5/6M</td>
<td>Lachlan G</td>
</tr>
<tr>
<td>6M</td>
<td>Sophie H</td>
</tr>
<tr>
<td>6S</td>
<td>Alison F</td>
</tr>
</tbody>
</table>

M & M Medallions – Antonia H (1V), Levi T (1V), Isabella C (2S), Scarlett L (2S), Yaroslava K (3R), Billie H (4C), Elena S (6S),

The roster for Term 2, Week 9

<table>
<thead>
<tr>
<th>Early 9:15am - 11:45am</th>
<th>Late 11:30am - 2:30pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>MONDAY 20/6/16</td>
<td>Vacancy</td>
</tr>
<tr>
<td>TUESDAY 21/6/16</td>
<td>Vacancy</td>
</tr>
<tr>
<td>WEDNESDAY 22/6/16</td>
<td>Evelyn David-Hoole</td>
</tr>
<tr>
<td>THURSDAY 23/6/16</td>
<td>Anne Carew</td>
</tr>
<tr>
<td>FRIDAY 24/6/16</td>
<td>Tracy D’Ambrosio</td>
</tr>
</tbody>
</table>

Flexi Schools online ordering system is available for placing lunch orders. **New to Flexi Schools** – If your child has a lunch wallet you can select the option on the menu so a paper bag is not required. Thank you - Samantha Manning- 6258 4687

Friday Lunch Orders only available via Flexi Schools ordering due to availability of helpers.
**Qkr App Update**

The user design experts at MasterCard have come up with a new design and parent experience within the Qkr app that all users will see with the update from Apple’s App Store or the Google Play store on or soon after the 16 June 2016. Your username and password will remain the same, as will any credit or debit cards already stored within Qkr, as well as your profile settings and those of your children. What will change significantly is the look and feel of the app, and the screens you will see in the process of using Qkr. Below are some of the current Qkr screens on left (as seen on an iPad today), and how they will appear with the app refresh.

**Home screen:** Our school will appear at the top of the home screen for currently registered users, but note some new terms like “Discover” and “Activity” as Qkr is being used increasing by non-school merchants around the world, so the design has been modified to cater for users in a wide range of industry sectors.

**Activity Tab:** Receipts will in future be stored under the “Activity” tab. Your old receipts will still be accessible from this area.

**Product selection screen:** This screen will now be more efficiently used to make scrolling through a large list of products easier.

Qkr is our preferred payment method with many benefits to parents.
- Qkr is a secure, one-stop ‘shop’ for school related purchases
- Parents can pay when it suits them, no waiting for business hours
- No additional costs to you
- No pre-funding third party accounts

It’s so easy to get started….

**Step 1:** Download the Qkr app to your smart device from the Apple App Store or Google Play

**Step 2:** Register your details

**Step 3:** Find our school either by searching for STMONICAS or by scanning the QR code (pictured)

**Step 4:** Register your children

Qkr is also available from a desktop computer or laptop.

[https://qkr.mastercard.com/store](https://qkr.mastercard.com/store)

**You’re ready to go!**

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**Bedwetting Programme**

Based on Sydney Children’s Hospital Programme. Suitable for children from 5 years of age. Margaret O’Donovan, Physiotherapist, Canberra City. Enquiries – 62485066.

**Yoga Classes**

Yoga Classes with Ros Emmerick – Saturdays 7.15am-8.15am. Venue is Nellie Hall, Chinner Crescent in Melba. Cost is $18/casual or $65/5 classes. Classes run throughout the school term, Public Holidays excepted. New participants welcome any time. Tel – 0420 290 076 or email yogabilities@bigpond.com

**Being a parent is the hardest job we’ll ever have. All parents at some time experience difficulties and stress.**

Parentline ACT is a confidential and free telephone and face-to-face counselling and information service.

Phone Parentline if you would you like:
- To talk with someone about those parenting issues.
- Help with some ideas on raising children.
- Support in the important job you are doing.
- To know what is available for parents, teenagers and children.
- To build better relationships in your family.
- Help to understand your child or teenager’s behaviour.
- Make an appointment for a counselling session.
Drama Classes for Kids
Classes at Evatt
Creativity - Confidence - Communication
Speech Bubbles: 4-6 years Thursday 4pm
Weekly themed classes developing communication and creative drama skills.
Footlights: 10-14 years Thursday 4.45 Children develop confidence and performance skills in a super-fun creative environment!
Canberra Academy of Dramatic Art
Enrol now: www.cada.net.au Phone: 1300 908 905

Larissa Dann

PARENT EFFECTIVENESS TRAINING (P.E.T)
Supported by Parentline ACT

Communication skills for peaceful parenting and resilient children (without the use of punishment or reward). Helps develop emotional intelligence, and grow confident, considerate children. Powerful, proven and practical. Yell less, enjoy your children more. Build relationships that last a lifetime.

The 24 hour course consists of three-hour sessions, once per week, for eight weeks. Booking is essential.
$360 pp for the course (investment includes a workbook and textbook).

Course begins: Tuesday, 26 July, 2016 (minimum number of participants required); Time: 6.30 pm to 9.45 pm; Place: Weston, ACT.

Enjoy P.E.T. with Larissa Dann, Canberra’s most experienced P.E.T. instructor.

Resource blogs: www.parentskills.com.au/blogs/larissa; Contact: info@parentskills.com.au