Dear Parents/Guardians,

The St Monica’s Swimming Carnival is fast approaching.

**Date:** Friday 20th February, 2015 (Week 3)
**Place:** Canberra International Sports and Aquatic Centre
100 Eastern Valley Way
Bruce ACT
**Time:** 9:30 am - 2:30 pm
**Grades:** 3, 4, 5 and 6 and (students who turn 8 this CALENDAR YEAR (born 2007) who can competently swim 50m using the correct stroke).

**Cost:** The cost of this excursion for Years 3 to 6 will be covered by the Curriculum Levy. 8 year old students participating are required to pay $12.50.

All students need to:
- Arrive at school on time as the buses are leaving at 9:15 am sharp.
- Wear their swimmers under their sports uniform. Students may wear a house colour T-shirt.
- Bring a towel, school hat and sunscreen (there will be an opportunity to go outside onto the grass area).
- Ensure they have their lunch, snacks and drinks.
  - **Canteen facilities will be available for snacks only from 11:00 am.**
- Remember that coloured zinc, paper streamers and hair colour are not allowed in the pool area.

As mandated by the Department and CEO the swimming ability of all students attending the carnival will be assessed on their performance in the Water Safety Challenge which takes place prior to the commencement of the carnival. The challenge is carried out by Pool Staff and their decision is final. **Students who do not meet the safety requirements during this assessment will be placed in novelty events only.** Once the assessment has been completed, the students will receive a coloured wristband indicating their swimming ability. This procedure is mandated for planning and safety reasons.

In order to assist with planning the swimming carnival, please help your child with their selection of events on the attached sheet. It is always pleasing to see a large number of students involved in the swimming events. We encourage all parents to ensure that your child participates in the races if they are capable of swimming 25 metres. Please note that in line with PSSA guidelines only children who exhibit the correct strokes can be selected to participate at District carnivals. Students need to swim the longest distance that they are able to swim. If students swim in 100 metres and 50 metre events, then they may only swim in 25 metre events of a different stroke. E.g. 50 metres Freestyle and 25 metres Backstroke.

All students swimming 25m events will be placed in heats on the day. **Novelty events for students who cannot swim 25 metres will be organised on the day.**

50m 8 Yrs, Year 3 and Year 4 entries to be returned by Thursday, February 12.
Year 5 and Year 6 entries returned by Monday February 20.

The swimming carnival requires a considerable amount of organisation and we rely upon the generosity of parents to assist in the running of the day. If you can help, even for a few hours, please indicate on the attached form. If you wish to assist, you must hold a Working With Vulnerable People Card. You must provide a copy of your card to the front office, if you have not done so already. **You will be required to wear your WWVP card on the day.** To add to the fun of the day we have arranged for the Whirlpool to be open for use by the children in designated class groups from approximately 10.00 am under close supervision by pool and school staff. Parents are most welcome to join us as spectators on the day. The pool is charging an entry fee of $6.00 for adults and $6.00 for any accompanying children.

Please return your child’s permission note to your child’s teacher by Monday February 16.

Thank you for your continued support,
St Monica’s Sports Committee for Swimming.
PERMISSION NOTE- ST MONICA’S SWIMMING CARNIVAL 2015  
(Dependent upon results of testing and tagging) 

I give permission for my child __________________ to attend the school swimming carnival on Friday, 20 February 2015 at CISAC, Bruce. I understand that my child will be transported to and from the venue by bus. I also understand that my child will have supervised access to the whirlpool.

Emergency Contact on the day 

Name:_________________________ Phone Number:_________________________

Any Medical Issues or medication required:______________________________________

Treatment Plan: _____________________________________________________________________________

I authorise the teachers in charge to obtain medical assistance, which they deem necessary in the event of an accident, should I not be able to be contacted to give approval and agree to pay all medical expenses incurred relating to my child.

I have read the attached information and understand what it contains.

I elect to transport my child □ to the pool □ from the pool

Parent Signature:_________________________ Date:_________________________

8 Year old students attending to include payment of $12.50 for entry, pool hire and bus.

SWIMMING EVENT NOMINATION FORM 2015

Name:_________________________ Class:_________________________

House Colour:_________________________ Age (turning in 2015): ___

Please circle your events:

Please note:

If you can swim 50m (e.g. FS) please swim in that event and not the 25m Freestyle.

You can swim the 100m and the 50m races in the same stroke.

You cannot swim the 50m and 25m in the same stroke.

Students will be placed in 25m events on the day

<table>
<thead>
<tr>
<th>FREESTYLE</th>
<th>BACKSTROKE</th>
<th>BREASTSTROKE</th>
<th>BUTTERFLY</th>
</tr>
</thead>
<tbody>
<tr>
<td>100m</td>
<td>50m</td>
<td>25m</td>
<td>100m</td>
</tr>
</tbody>
</table>

☐ Novelty Events only (for non-swimmers)

If time allows:  ☐ Individual Medley 200m

OFFER TO ASSIST- ST MONICA’S SWIMMING CARNIVAL 2015

Name (please print):_________________________

Phone Number(s):_________________________

☐ I have my Working with Vulnerable Card

☐ I have provided the office with a copy of my Working with Vulnerable Card

☐ I will need to complete a Statutory Declaration form. (Please complete by Thursday, February 19).