

St Monica's News

Term 2- Week 5 - 31 May 2018

At St Monica's we are a vibrant Catholic community that works collaboratively to empower its members to be inclusive learners, custodians and citizen

A WORD FROM OUR PRINCIPAL

School Theme



*And Jesus said to them,
"Follow me, and I will send you out to
fish for people"
And immediately they left their nets
and followed him. Mark 1:17-18*

Dear Parents

Thank you to all the families who contributed to the survey regarding my performance review. I had the opportunity to meet with the Panel on Tuesday to discuss the feedback. It really is a wonderful opportunity to lead a committed community where I feel very much supported by the staff, parents, children and the general parish community. The review process provided personal feedback on achievements and strengths and a direction for professional growth over the coming years.

Commencing today Mrs Lustica has accessed Long Service Leave until the end of the term. During her absence Mrs Jodie May will take the class. Mrs Kelly will continue to take the class group each Friday. Reports for 3L will be send home on the first day of next term.

Principals across Canberra continue to express concern regarding the lack of relief teachers to call on when staff are sick or need to attend a professional learning opportunity. We are doing our best at St Monica's to limit the days when a class group needs to be split. We currently refer to it with the children as being on Day Away.

School fees are now due. I am very concerned with the level of funds still outstanding and this has a marked impact on our school budget. Constantly having to make contact with families to finalise an account takes time and can be embarrassing for all concerned when a family is referred to a collection agency. Thank you to those families who ensure their school account is up to date. Reminders will be sent home early next week.

Our new St Monica's website has been uploaded. Please take a moment to have a look. Remember it is still a work in progress as we learn to navigate the new software.

We remember and pray for the children making their First Eucharist on the weekend. This is a wonderful part of a child's faith journey, shared with their families.

Keep in your prayers the O'Daly family - Joe (5WD) as his grandfather passed away on Tuesday in Cyprus.

God bless
Carmel Maguire
Principal

Discover the Way

**SAFE,
RESPONSIBLE AND
RESPECTFUL
LEARNERS**

LEARNING FOCUS

Be Responsible
Strategy

What strategies are you going to use for your learning?



SOCIAL FOCUS

Be Responsible
Report things that don't
make us feel safe

We all have the right to feel safe all the time. Nothing is so bad that we cannot tell someone about it.



Acceptance

³⁴“A new command I give you: Love one another. As I have loved you, so you must love one another. ³⁵By this everyone will know that you are my disciples, if you love one another.”
John 13:34-35

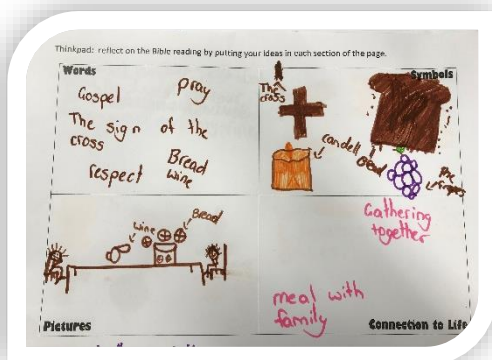
Jesus' message was all about loving each other and being kind to each other. Accepting others for who they are and recognising their special gifts is an excellent way to follow His teaching. Imagine if we showed love for one another as much as Jesus loves us! The world would be an amazing place! We can start right here in our families and school community!



RELIGIOUS EDUCATION NEWS

Holy Communion Retreat Day

Yesterday the students from St Monica's and the School of Religion came together for a special retreat day to prepare for their first Holy Communion this weekend. Together they attended Mass, explored some Bible readings and discussed how these relate to our understanding of our Faith. In the afternoon they created an artwork to display in the Church and had a pizza lunch. The students are all looking forward to their special day this weekend!



**Our Lady of Perpetual Help
Parish, North Belconnen**

SACRAMENTAL DATES 2018

Please save the following dates-



Sacrament of Eucharist

Saturday 2 June

Sunday 3 June

St Monica's Church & St
Michael's Church



Sacrament of Confirmation

Wednesday 12 September



Sacrament of Reconciliation

Wednesday 21 November

Please pray for the children making their First Holy Communion this weekend from St Monica's and the School of Religion
Jessamine Alston-Campbell, Ben Beswick, James Beswick, Darcy Brown, Tomas Grgic, Skyla Lawless, Amber Miinin, Lucia Peric, Geordie Taafe, Emma Tozer, Luke Whitfield, Ava Sutton, Luke Brasnett, Cooper Brasser, Isobel Clark, Harry Clynk, Isabella Costanzo, Gabriella Fulton, Bethanie Goodger, Madeline Hogan, Riley McAuliffe, Caitlin Millar, Rose Orton, Lilli Paz, Clancy Preston, Lexi Rebecca, Charlize Schiavello, Angelino Schiavello, Raphael Schimizzi, Tyler Stephens, Mikayla Tokarski, Nathan Werapermall, Lucia McGregor, Tahlianna Baldoquin, Mackenzie Bennett, Lachlan Browne, Chloe Douglas, Laura Green, Tulli Hansen, Brian Hynes, Sam Johnston, Pyper Maher, James McCabe, Giorgia Mirenda, Micaela Mitchell, Tyler Nisbet, Ava PLatts, Layla Raadts, Giselle Santosuosso, Sophie Simpson, Aurelia Solari, Cooper Wrenford, Ella Kilpatrick, Jodie Davidson, Chloe Pietrukowski, Zali Jadric, Alex Carnaso-Genoveza, Alyssa Carnaso-Genoveza, Clare Devoy, Amber Feliciano, Olivia MacDonald, Jack Moyle, Sebastiano Orefice, Daniella Safran, Antonella Zlatar.

Grandparents Day Celebration!

Friday 8 June



9.15 am to 10.00am Welcome and Liturgy in the Hall
10.00am -10.30 am Morning Tea for Visitors in the Hall
10.30am - 11.30am Classroom Visits
(Invitations and RSVP have been sent home today)



GRANDPARENTS' DAY PHOTO PRESENTATION

Dear Parents,

If you would like to be included in this year's Grandparents' Day PhotoStory please email me the photos you would like me to use. I can only accept photos that have been emailed to me. (apologies in advance to those without email access). Email digital photos to amanda.stewart@cg.catholic.edu.au. Please email photos before Tuesday 5 June.

TEACHING AND LEARNING

Opportunities to support our children

CatholicCare School Counselling



CatholicCare's Student and Family Counselling program provides school counselling in various schools throughout Canberra and Goulburn. Our School Counsellors work with students, families and school staff to assist in the emotional, social and educational wellbeing of students, their families and the school community. Our School Counsellors are qualified Social Workers or Psychologists skilled in areas such as child development, group dynamics, individual and family therapy.

Counsellors see students presenting with anger, anxiety, behavioural problems, depression, eating and body image problems, family breakdown and family conflict, grief and loss, learning and educational challenges, parenting challenges, peer and other social relationships, bullying, school avoidance, stress and study skills. As well as individual sessions with students, counsellors can run groups, family work, consult with parents and teachers, make referrals to other services and supports and run education sessions for parents and staff.

Parents wishing their children to see the school counsellor should contact their child's teacher or the office to obtain a referral form. For other enquiries contact CatholicCare on 61626100, www.catholiccare.cg.org.au

Seasons for Growth for Years 1 - 6

Change and loss affect all of us at some stage in our lives. At St Monica's we recognise that when changes occur in families through **death, separation, divorce or related circumstances**, young people benefit from learning how to manage these changes effectively. **Seasons for Growth** is an Australian program that provides opportunities for students in Years 1-6 to integrate the appropriate knowledge, skills and attitudes to understand and cope with change, loss and grief, using the symbolism of the four seasons.

Beginning in Term 3 St Monica's will be offering the **Seasons for Growth** program. Mr Bob Fletcher, a trained 'Companion' and our Welfare Chaplain, will spend time with small groups of students who are dealing with some aspect of change, separation, loss or grief. The sessions do not provide counselling or therapy and are not designed to prepare children for imminent grief or loss. Instead, the program aims to specifically assist children who have had a change in their lives through death, separation or divorce. It does this through encouraging the expression of thoughts and emotions, educating about the grief process, developing a peer support network and drawing on extensive research in developing a sound educative response to loss and grief.

Seasons for Growth is an eight session program and will be conducted during school hours with children being withdrawn from class. It is recommended that at least six months passes after the loss, as children are then in a better position to cope with the program.

A brief overview of the program

Overview	Seasons for Growth Tasks	Session Content
Accept the reality of the loss	Acknowledge the reality of change and loss in life AUTUMN	Session 1: Seasons Session 2: Change
Work through the pain of grief	Learn about possible reactions to change and loss and how each has experienced these WINTER	Session 3: My Story Session 4: Reactions
Adjust to an environment in which the significant person is no longer present	Develop skills to assist in processing their grief SPRING	Session 5: Feelings Session 6: Memories & Forgiveness
Emotionally relocate the person and move on with life	Explore ways of letting go and move forward SUMMER	Session 7: Choices Session 8: Moving on

Families interested in their child participating in the program should contact the Office and further details will be sent home.

COMMUNITY COUNCIL NEWS

Community Council

The Community Council Executive will be meeting next week. We are keen to discuss any ideas for the new garden beds in the Kinder play area or any other issues parent are worried about. Please email the council with any issues/ideas: Council.StMonicas@cg.catholic.edu.au. The email will be checked regularly by Evelyn David-Hoole, Community Council Secretary.

GENERAL INFORMATION

Athletics Carnival

The St Monica's **Athletics Carnival** is fast approaching. This is a full school activity and all children are required to attend.

Date: Tuesday 5 June, 2018 (Week 6)

Place: Charnwood Oval, Lhotsky Street Charnwood

Time: 9:30am- 2:15pm

Transport: Children will be transported to and from Charnwood Oval by bus. The cost of the bus will be covered by the Curriculum Levy. (Years K-6 will be participating in the carnival – all children attend)

All students need to:

- Arrive at school on time as the buses are leaving at 9:15am for Years Two to Six and 10:20am for Year One and Kindergarten.
- Depart the Charnwood Oval by 2:15pm.
- Ensure they see the class teacher before departure if they are leaving the carnival early and are accompanied by a parent.
- Wear sports uniform (house colour t-shirts optional) and bring a hat..
- Bring water bottles, recess and lunch. Canteen will be available for recess and lunch. (Pies, sausage rolls and snacks will be available for children to purchase.)

The Athletics carnival requires a considerable amount of organisation and we rely upon the generosity of parents to assist in the running of the day. If you can help, even for a few hours, please let the Front Office know. If you wish to assist you must hold a **Working with Vulnerable People Card**. You must provide a copy of your card to the Front Office, if you have not done so already. Parent helpers will be required to wear their WWVP card and a school vest to be visibly identifiable. All permission notes and offers of help need to be returned ASAP.

AWARDS AND ACHIEVEMENTS

Next School Prayer – Monday 4 June – 9.10am in Church

Value Awards for Weeks 4 and 5 will be presented.

Next Assembly – Friday 1 June – 1pm in School Hall

Class Awards for Weeks 4 and 5 and Star and Pride Badges will be presented.



Happy Birthday to the following students...

HAPPY BIRTHDAY

Kindy	Marissa den H
Year 1	Ante P, Sian S, Mitchell R
Year 3	Shaye S
Year 4	Arabelle S, Max W
Year 6	Sam B

	Value Award Acceptance	Class Award <i>Written Presentation of Work</i>
KGO	Adriano A	Mia M
KR	Emanuel S	Pasquale A
1B	Matthew M	Brando B
1E	Lily H	Arabella A
1HV	Aidan H	Aiden Mc
2D	Zavier T	Cody M
2MR	Evie K	Indiana H
3L	Mia M	Amour A
3M	Ainsleigh M	Finn D
3/4C	Luke W	Maria K
4A	Cooper B	Isobel C
4SB	Peter M	Remy D
5W	TBA	TBA
5WD	William C	Isabella S
5/6M	Domenic S	Holly V
6E	Cooper B	Jennifer C
6F	Ryan G	Marcus D
St Monica's Stars – Sian S (1HV) – 1 st star, Zak D (2MR) – 1 st star, Luca C (2MR) – 1 st star, Faith K (2MR) – 2 nd star, Archie S (3L) – 3 rd star, Annabelle F (3L) – 3 rd star, Madeline H (4A) – 4 th star, Clara A (6F) – 5 th star, Apajok A (6F) – 4 th star, Anton den H (6F) – 2 nd star, Byron P (6F) – 5 th star, Lachlan R (6F) – 3 rd star, Millie W (6F) – 4 th star		
Pride Badges – Archie S (3L), Annabelle F (3L), Lachlan R (6F)		

SPORT NEWS

Belconnen Cross Country

We had many great runners today. We look forward to hearing how they all went considering it was very chilly start to the day.

Australian Dance Crew Championships

Over the weekend some St Monica's students who dance with Play- The Dance Agency took part in the Australian Dance Crew Championships and had amazing results.

1st Place to Kids Crew consisting of Imogen H (5W), Sienna H (5WD), Jessie F (3L), Hena L (5W) and Mya L (2D)

1st place to Play JNR with Olivia S (5W) and Annie R (5W)

2nd place in Open Division Jazz dance with Imogen H (5W), Sienna H (5WD) and Annie R (5W).

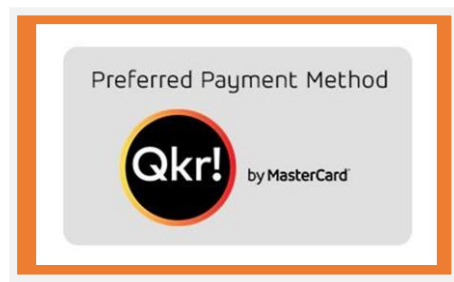
2nd Place U12 soloists division to Annie R (5W).

These kids will now take part in the Australian Dance Crew Championships National event in Melbourne in September.

CANTEEN CORNER

Roster for Term 2, Week 6

	Early 9:15 - 11:45am	Late 11:30 - 2:30pm
MONDAY 4/6/18	June Manning	June Manning
TUESDAY 5/6/18	Athletics Carnival Michelle Gaffey	Athletics Carnival Lisa Simpson Emma Shea Angela Herbert Evelyn David-Hoole
WEDNESDAY 6/6/18	Michelle Gaffey	Michelle Gaffey
THURSDAY 7/6/18	Daniela Agnello	Daniela Agnello
FRIDAY 8/6/18	Wilma Hird Jenny Fulivai June Manning	Wendy Regan Katrina Ciampa June Manning



Sam Manning – Canteen Manager
62584687